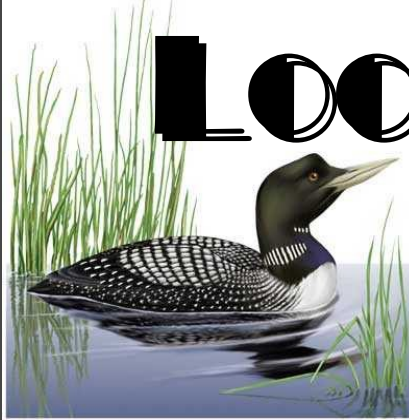


# Loon Lines



VOLUME 10, ISSUE 1

For more information about MNAHPERD, please visit our website at [www.mnahperd.org](http://www.mnahperd.org) or the national site at [www.aapherd.org](http://www.aapherd.org)



MNAHPERD

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## Greetings from the President

*Mary Cappel*

We are now well into the “winter” season, but where is the snow? I never thought I would complain about a lack of snow, but as an elementary PE teacher, I know how much the kids are missing their Minnesota snow fun!

Minnesota Association of Health, Physical Education, Recreation and Dance (MNAHPERD) continues our goal of providing quality programs, products and services to Minnesota students and professionals. We held our second board meeting on January 21st, 2012, which continued the focus on board development. NASPE President Dennis Docheff led us through the beginning process of developing a Strategic Plan for MNAHPERD, giving us a direction for the next 3-5 years. Subsequent meetings will see us expand the work on our strategic plan, and also begin planning for our MNAHPERD Fall Conference in October 2012.

Several Regional Workshops have been held around the state, bringing members together to share great activities to bring back to their classrooms. What a wonderful way to network with other professionals and learn new, fun things! Members of our MNAHPERD Board of Directors continue to advocate for quality PE in legislative workgroups, at School Board Association meetings, and are working to partner with various organizations to bring our message to a wider audience. We continue to utilize our list serve, organization website and social media to keep our membership connected and informed. (Check out MNAHPERD on Facebook!)

The Central District Conference was held in Colorado Springs from February 2-4, 2012. Minnesota was well represented with 20 members in attendance—student members, K-12 teachers and university professors! There were many excellent sessions, including presenters we may invite to our own conference! It was also a great time to network with professionals from the nine state area sharing ideas, stories, questions and concerns. I had the opportunity to attend the President’s breakfast, where the focus was on Advocacy and promoting Let’s Move in School as a way to help students get that recommended 60 minutes of physical activity each day. If your school has not signed up yet, I encourage you to do so. I also serve as a delegate to the Central District Representative Assembly, where discussion focused on the potential unification of AAHPERD and changes which may result from this. There are still many unknowns, and I hope to hear more at the national convention.

Mark your calendars for the AAHPERD convention in Boston from March 12-17, 2012. Conferences are a great way to learn from excellent presenters and network with other professionals from across the country. I hope to see many of you there!

Please contact your MNAHPERD Board of Directors members with questions, concerns or suggestions. We are here to serve you!

# Let's Move in Schools

*Sue Bremer*

Have you signed up for Let's Move In School? If not, I encourage you to go to their website, [www.LetsMoveInSchool.org](http://www.LetsMoveInSchool.org) to check it out and sign up. It's Free!!!

**Some Questions you may have are:**

## **What is Let's Move In School?**

Let's Move In School is an initiative to help schools have comprehensive school activity programs, with Physical Education as the foundation.

## **What does Let's Move In School offer me?**

By signing up, Let's Move In School will send you periodic updates about this important initiative. Let's Move in School will also offer three online tool kits. One for physical education teachers, one that will assist PTA/PTO's and another for superintendents and school boards. These tool kits will help you evaluate your school and help you discover ways to improve the activity levels of your students.

Let's Move in School also offers a free webinar series.

Please check it out today, if you have questions, please feel free to contact me.

[bremer.sue@cf.k12.mn.us](mailto:bremer.sue@cf.k12.mn.us)



## **AWARDS FOR INNOVATIVE PHYSICAL ACTIVITY PROGRAMS**

*Becky Clark*

Active Schools Acceleration Project (ASAP) announced the launch of their national Innovation Competition to uncover the **very best programs and technologies to promote school-based physical activity.**

The competition will award **multiple prizes ranging from \$25,000 to \$100,000 to schools** with the best, most innovative programs for getting students to be physically active. This opportunity is for programs currently being used in **elementary schools (ages 5-12, K-6<sup>th</sup> grade).**

The **deadline for entries to the ASAP Innovation Competition is April 2, 2012.** Visit [www.ActiveSchoolsASAP.com](http://www.ActiveSchoolsASAP.com) for more information.

ASAP is an initiative of ChildOvesity180. Conducted in collaboration with Tufts University, Child Obesity180 fosters cross-sector collaboration through a portfolio of high-impact initiatives to reverse the trend of childhood obesity.

# MARK YOUR CALENDARS

**Minnesota AHPERD State Conference on  
October 12 & 13, 2012  
Hopkins High School, Minneapolis, Minnesota**



## **Robyn Smith Bretzing**

**Robyn was such a huge success last year; you asked to bring her back, so... WE DID!!!**

**Robyn Bretzing is a Utah Youth Soccer Coach of the Year, 2004; Teacher of the Year, 2006; Adidas Region Coach of the Year, 2006; Utah Soccer Hall of Fame Inductee, 2007; Alpine School District Distinguished Teacher Award Winner, 2007; and was Southwest District Teacher of the Year and an Alpine School District Golden Apple Award winner, both in 2008. She has presented in over nine states plus Southwest AHPERD, Central District AHPERD and the National AAHPERD Convention.**

**Robyn's curriculum offers every student the opportunity to succeed and gain greater self confidence as they learn lifetime activities and improve personal fitness. She believes that what she teaches will have a greater impact on the lives of her students than any other academic course. As the saying goes, "What good is knowledge without health?" The focus of her teaching is to find a lifetime fitness activity for every student and instill in them the desire to be fit for life!**

**You will not want to miss this dynamic keynote speaker and special presenter. We promise you will leave with a new energy and excitement for the profession we LOVE!!!**

# Life Lessons in Physical Education

*Jack Olwell*

A story a colleague related to me a few years back captures one of the reasons I enjoy teaching Physical Education. A young girl dressed in her finest for school pictures (and under strict orders from her mother to not get sweaty) paused at the door of the gym and looked in longingly. Before hurrying off to her class she quickly stepped in, took in a deep breath, and exclaimed, "I *love* the smell of the gym." An odd sentiment perhaps but I often reflect on that when I turn the gym lights on every morning. I *love* what happens in the gym. Kids come eagerly expecting fun invigorating activities but they receive so much more. They may be there for the fun, fellowship, and challenge but at the same time we are shaping not just their waistline but their perspective. As Aristotle said many centuries ago, "Excellence is never an accident. It is always the result of high intention, sincere effort, and intelligent execution; it represents the wise choice of many alternatives - choice, not chance, determines your destiny." Quality PE is precisely that and our students reap what we plant in them.

Dr. Paul Nussbaum, a clinical neuropsychologist, maintains that for learning to occur it must be personal *and* relevant. It is doubtful there is anything during the school day that carries greater relevance than the joy and challenge of the movement opportunities PE offers. It is our duty to shape not just their waistlines but their character as well. I am convinced Robert Fulghum's piece should read: *All I Ever Really Needed to Know I Learned in **Physical Education***. PE is where life's lessons are learned and our character is both forged and on display. As Plato said "You can discover more about a person in an hour of play than in a year of conversation."

On the courts and fields and in the gym we learn:

- attitude is everything.
- to do your best. You get out what you put in.
- to share and cooperate. You are not an island.
- to make time for play. It gives life balance.
- to have fun. There is pleasure and joy in movement.

And we discover:

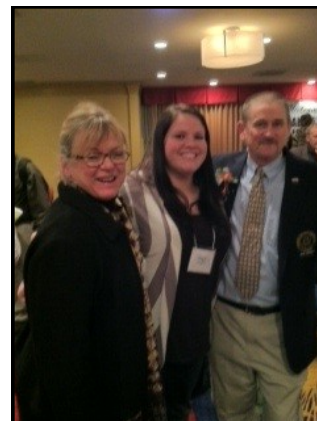
- where our gifts and talents lie.
- health is the first wealth.
- the mind is only as healthy as the body that carries it.

This list does not include the many life changing and affirming *benefits* of Physical Education. Despite the preponderance of evidence from research we remain unappreciated. Dr. John Ratey of Harvard says, "I can't believe the resistance that the whole issue (the need of increased PE) still meets in this country. We are supposed to be the models for the world, the innovators and we have become so stuck in the mud." Never the less, we press on because we know we are in a unique position to affect an entire generation of kids.

***Join today at [www.mnahperd.org](http://www.mnahperd.org)!***

## Congratulations to Megan McCollom

Megan McCollom, a HPE and DAPE teacher candidate from St. Cloud State University was awarded the 2<sup>nd</sup> annual Mark Harvey Legacy Scholarship. The purpose of this scholarship is to provide monetary support for university/college students to attend the 2012 National AAHPERD convention in Boston and the 2013 Central District AAHPERD convention in Jackson, WY.



## Don't Miss the Opportunity.....

*Sue Tarr*

March 1<sup>st</sup> is the deadline to nominate yourself or your colleagues for a MNAHPERD award! There are LOTS of good people in our state doing good things for students in physical education, recreation, dance, aquatics, etc. – please honor them by nominating them for an award!

See the nomination form on pages 14 & 15!

## Reminder: MNAHPERD members are going green!



From now on, you will be notified through the List Serve when the Loon Lines has been posted to our website and you will find it there. If it is more convenient for you to continue to receive a hard copy please contact Nancy Christensen, Executive Director at [nancy1485@gmail.com](mailto:nancy1485@gmail.com) or at 25673 Muskrat Drive, Detroit Lakes, MN, 56501 or call her at 218-847-9769

***[www.mnahperd.org](http://www.mnahperd.org)***

# Here are FIVE reasons why it is imperative that you become a member of our

*Joe McCarthy*

*[jmccarthy@farmington.k12.mn.us](mailto:jmccarthy@farmington.k12.mn.us)*

1. MNAHPERD is a leading advocate for Health, Physical Education and DAPE teaching jobs!

MNAHPERD will advocate for status within our profession. In 2010, MNAHPERD worked with the American Heart Association and hired lobbyists to pass the MN Physical Education standards. MNAHPERD knows our jobs and requirements to meet our Health and Physical Education needs were not met with this major accomplishment so MNAHPERD will not stop there! In 2011, MNAHPERD will continue the relationship with the American Heart Association and in addition to that relationship MNAHPERD will hire our own lobbyists to advocate for more! We need Physical Education graduation requirements in our schools. We need language requirements and support for Physical Education license teacher specialists to teach Physical Education in our schools. We need each child to have daily Physical Education in their school day. We need MN Health Education standards. We need Health Education graduation requirements. We need language requirements and support for Health Education license teacher specialists to teach Health Education in schools. We need each child to have more Health Education support in their school day.

Remember it is not just the responsibility of the MNAHPERD members to do the advocacy for ALL Physical Education/DAPE and Health Education teachers in Minnesota. We need everyone to support our Profession. Become a member if you are not one now! MNAHPERD has and will continue to support your job; to do this we need your membership!

2. When you attend MNAHPERD workshops, you will be given the opportunity to receive CEU's towards your re-licensure. Our goal is for all 13 regions to have 1 workshop every year.

3. You will have the opportunity to observe and participate in workshops and sessions conducted by the state's best presenters.

4. Scholarship and grant opportunities are available through MNAHPERD to MNAHPERD members.

5. Being a MNAHPERD member gives you the opportunity to be honored in our state for your great service and commitment to our profession.

Do you want to do more? MNAHPERD will assist you in promoting your own workshop in your region!

### FIVE Keys to a successful workshop:

1. Design a theme
2. Find a location
3. Find presenters
4. Provide CEU's
5. Make it fun!

**As a MNAHPERD member, you can be a part of this!**

# AAHPERD Convention Offers Dance Opportunities

*Carol Conkell*

The American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD) will hold its annual convention in Boston, Massachusetts during the week of March 13<sup>th</sup> – 17<sup>th</sup>. Whether you teach dance, DAPE, physical education, or health, the National Dance Association promises to provide something for everyone.

**Dance educators** will find technique classes offered in ballet, tap, jazz, and African dance. **Health and Physical educators** will have an opportunity to learn new dance ideas for interdisciplinary teaching as well as new ideas for the SPARK curriculum. **DAPE educators** will learn new approaches to physically integrated dance training for dancers with and without disabilities. Following are highlights of some of the dance sessions to be presented in Boston.

Pre-Conference Workshops. Tuesday, March 13<sup>th</sup> provides several workshops. Tying in with AAHPERD's *Let's Move in Schools* initiative; *Let's Move-Let's Dance-In School* will present both a morning and an afternoon workshop (Part 1 & 2). Another half-day workshop titled, *Dancing Away Stress: Tropical Style* will introduce participants to popular social dances from the Caribbean Islands, such as the Merengue, Bachata, and Samba. Dance teachers will learn choreographic techniques for teaching students creative dance in the workshop titled, *Creative Dance: Composition and Choreography*.

Wednesday Highlights. *Jazz Dance for the Beginner* teaches warm-ups and basic steps and combinations that are applicable to the gymnasium. "Travel" to Ghana and learn steps and the meaning of gestures in this afternoon session, *The Language of Ghanaian Dance: Gestures with Hidden Meanings*. (The presenters for this session are native Ghanaians.) Late afternoon offers dancing to live fiddle music to traditional songs in the sessions titled *Contra and Norwegian Folk Dance*, and *Fiddling, Calling, and American Traditional Dancing*. Both sessions teach sequencing, calling and verbal cues.

Thursday Highlights. Thursday has many sessions for educators in all disciplines. *Ballet Classes for the Intermediate Dancer*, and *Master Class: Creating Your Best Plié for Turnout, Jumps, Balance* offers the Dance educator sessions in ballet technique. *Honoring Our Wounded Warriors: Walkers! Rockers! Rollers! Let's Dance* is dedicated to veterans and their families, teachers, and students. This session promotes success for all abilities in social dance. If you love multicultural dance, *New World Celebrations: Folklorio and Native American Dance* lets you explore traditional dances from Mexico and Native American culture.

Friday Highlights. Educators interested in floor classes will enjoy *Using Pilates for Injury Prevention*. This class emphasizes core stability and joint restoration for healthy movement. Physical educators interested in learning some basics in social dance might be interested in, *Get in the Swing of It: Teach Dance!* This session teaches the beginning steps and cues to swing dance in a user-friendly format. End your afternoon in a relaxing manner with, *Re-Energize and Attain Eternal BLISS by Practicing ROYAL PATH Yoga*.

Saturday Highlights. DAPE educators won't want to miss the morning session of *Dancing Wheels Master Class: New Approaches to Physically-Integrated Dance Training*. This session includes dancers with and without disabilities and focuses on the physiological parameters of wheelchair users, and rehabilitation methods.

Attendees will find a complete list and description of sessions offered by the National Association for Dance at the AAHPERD website (aahperd.org). Please look under convention programming.

# Developmental Adapted Physical Education (DAPE)

*Sue Tarr*

**Calling all teachers – regular physical educators and DAPE physical educators!!!**

Several opportunities exist for you to enhance your knowledge and skills for providing physical education to students with disabilities. The annual DAPE in your Backyard Workshop will take place Saturday, April 21, 2012 from 8 am-4 pm at the Redwood Area Community Center. See registration details below.

## “DAPE in YOUR BACKYARD WORKSHOP”

Where: Redwood Area Community Center  
901 Cook Street  
Redwood Falls, MN

When: Saturday, April 21<sup>st</sup>, 2012 from 8:00 a.m.-4:00 p.m.

Cost: \$40 (college students \$25), which includes lunch, snacks and CEU’s.

Registration: Send a check for \$40 (students \$25), made out to the DAPE Leadership Committee, to Heidi Fisher, 18 N Terrace, Fargo, ND 58102 before April 22, 2011. Email or send with your check the bottom of the registration form.

Workshop sessions include: MN DAPE Criteria – Assessments, Technology in DAPE, Theme-based Activities, Elementary Activities, Secondary Activities, MN DAPE Resource Guide, PE Standards in DAPE, Region Meeting

Instructors: There will be a number of instructors including DAPE Leadership Members, veteran DAPE teachers and Teachers of the Year.



## Registration Form “DAPE In Your Backyard Workshop 2012” Redwood Falls, MN

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

School: \_\_\_\_\_

Send to: Heidi Fisher  
18 N. Terrace  
Fargo, ND 58102

Email: [hfisher@moorhead.k12.mn.us](mailto:hfisher@moorhead.k12.mn.us) or [Katherine.oling@duluth.k12.mn.us](mailto:Katherine.oling@duluth.k12.mn.us)



# DAPE at the Central District AAHPERD Convention

*Sue Tarr*

Participants at this convention had several opportunities to attend sessions pertaining to disabilities. Sessions were: Adapted P.E. Treasure Chest & Toys; "I want a turn: Students with disabilities and field day"; Helping children with ADHD succeed in the physical education classroom; and Disability sports-able body sports: Why not include both in your P.E. curriculum. All of these sessions were well attended and the participants were able to take suggestions or tips home with them for implementation in classes on Monday! Check out the following link to access these and other materials from sessions presented at Central District: <http://www.aahperd.org/about/districts/central/cda-convention-program-handouts.cfm> -- click on each title of interest to download the session hand out.



The 37<sup>th</sup> Annual Minnesota DAPE Conference will be held September 27-28, 2012 at **Camp Friendship** in Annandale, MN. Workshop sessions will include: technology, lot of activities for various disabilities, aquatics, assessment, standards in DAPE, and lots more. Session presenters will be National DAPE teachers of the year, DAPE Leadership Committee members, DAPE university students, and master teachers. Please check out the DAPE website ([www.mndape.org](http://www.mndape.org)) for conference updates and registration information.



Are you interested in connecting to teachers from across the state OR do you have question or concern about how to best facilitate learning in your students with disabilities? If so, consider joining the DAPE listserv!!!!

Become a member by: (1) send an e-mail to Sue Tarr at: [stjarr@stcloudstate.edu](mailto:stjarr@stcloudstate.edu) (DO NOT send the request to the MN-DAPE-L (listserv); (2) In the body of the e-mail, indicate: SUBSCRIBE. Include your e-mail address (**make sure it is correct**) and your name. Including your e-mail and name speeds up the administration process.



Finally, if YOU have any DAPE news for the next issue of the Loon Lines, OR if you questions PLEASE contact me at [stjarr@stcloudstate.edu](mailto:stjarr@stcloudstate.edu)



MINNESOTA ASSOCIATION FOR HEALTH, PHYSICAL EDUCATION, RECREATION AND DANCE

**PROGRAM PROPOSAL**

2012 Fall Conference – October 12 & 13, 2012  
Conference held at Hopkins High School – Hopkins, MN  
Awards Celebration - Double Tree Hotel Minneapolis-Park Place  
1500 Park Place Boulevard, Minneapolis, MN 55416  
www.mnahperd.org

“Building Bridges”

Name(s) \_\_\_\_\_

Work Address: \_\_\_\_\_

Home Address: \_\_\_\_\_

City \_\_\_\_\_ State & Zip \_\_\_\_\_

Work Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email address: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Brief Biography: (Information to Introduce Speaker(s): \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Title of Presentation: \_\_\_\_\_

Description of Presentation: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Type of Presentation: \_\_\_\_\_ Lecture \_\_\_\_\_ Demonstration \_\_\_\_\_ Active Participation

Preferred Audience: Mark those that apply:

Physical Education: Elementary Middle High School

DAPE: Health: Dance: Higher Education Other \_\_\_\_\_

Audio Visual Requests: (PLEASE NOTE - LCD Projectors and Computers WILL NOT be supplied)

\_\_\_\_\_  
\_\_\_\_\_

An honorarium will be given to presenters; \$50.00 per session or \$75.00 for two sessions if the same session is repeated. Sessions are 50 minutes in length. If there is more than one presenter per session, the honorarium will be split among the group. (All presenters must be current members of MNAHPERD or other AAHPERDs.) **No honorarium will be awarded if signed program contract is not returned within 35 days before the conference, or September 7, 2012**

Please Mail or E-Mail to: Kay Oling  
2901 No. Blackman  
Duluth, MN 55811  
218-722-8215 or 218-390-4966 (cell)  
Fax: 218-846-2416

**PROGRAM PROPOSALS  
MUST BE RECEIVED BY  
June 15, 2012**



Rich Burke and Vicki Johnson at the Olympic Training Center in Colorado Springs, Colorado



MNAHPERD members with Past President CD, Kelly Cook, together at Central District AAHPERD in Colorado Springs, Colorado

## Joint Projects News

*Amy Kaiser*

Joint Projects refers to the partnership with the *American Heart Association* and *MNAHPERD*. Your participation in *Jump Rope for Heart* and *Hoops for Heart* strengthens that partnership.

Think of all the benefits from sponsoring a *Jump* or *Hoops Event* at your school:

- Students learn about their heart and how it works
- Students learn the importance of exercise in the pursuit of a healthy lifestyle
- Students learn a sense of community by collection donations for the AHA
- Schools receive heart healthy lessons for PE, Health or classrooms
- Schools receive equipment to use
- Our state organization, MNAHPERD receives funding from every event across the state



Please welcome your AHA representative when they come to visit at your school. They can help you plan your event and make it a fun and easy activity to establish at your school.

We are always there to help too. Sandy knows her stuff when it comes to “Hoops for Heart” and Amy can help you with “Jump Rope for Heart” activities. We just finished our cycle of \$500 grants any MNAHPERD member can access after sponsoring a Jump or Hoops Event. Make a goal to sponsor a Jump or Hoop event and apply for the grant next year. Deadline is February 15<sup>th</sup> each year.

Questions? Need help? We are here for you,

Amy Kaiser [amy.kaiser@duluth.k12.mn.us](mailto:amy.kaiser@duluth.k12.mn.us)  
Sandy Hasse [shasse1@isd77@k12.mn.us](mailto:shasse1@isd77@k12.mn.us)



## Networking and Technology in Physical Education is crucial to our success!

*Joe McCarthy*

Following are some ideas of what can be done at schools to educate others about the importance of physical education:

- Organize a “FITT Club” at your school
- Email parents a class newsletter to educate them on the importance of daily quality physical education
- Ask parents to come in and observe or help in class
- Invite school officials, administrators, school board members, and local legislators to observe a class
- Come up with a feature story idea that might interest the local paper; invite the local paper to observe a class
- Become indispensable and re-make yourself into a leader at your school. Teach yourself about the links between cognitive neuroscience and physical activity. Educate classroom teachers on this topic.
- Ask your principal to lead a staff-in-service pertaining to activity in the classroom. Part of becoming indispensable is being proactive and finding ways to teach others the positive benefits of physical education and physical activity
- Familiarize yourself with the leaders in the field who are reporting and discovering the links between exercise and cognition, such as John Ratey (johnratey.com), John Medina (brainrules.com), Dr. Charles Hillman (University of Illinois)
- Create your own Physical Education Website
- Be a part of social media: LinkedIn, Facebook and Twitter
- I have made many great contacts through social media. Continue to share with your staff, parents and the newspaper all the ways you are advocating and implementing technology into your Physical Education programs!

Joe McCarthy/President of the PE Council for MNAHPERD

[jmccarthy@farmington.k12.mn.us](mailto:jmccarthy@farmington.k12.mn.us)

<http://www.rschooldtoday.com/meadowviewelementary/phyed/>

## Future Professionals

*Megan McCollom*

I had the opportunity to go to the Central District Convention in Colorado Springs this year. This was my first time attending a Central District Convention and I plan to attend many more to come. Going to state conventions is a nice way to learn new information in our field; however, district conventions combine multiple states' presenters. By going to a district convention you are able to learn much more information about our field. If you are concerned with the cost of going to a convention, look for scholarships. There are many scholarship opportunities for students who want to further their education by going to a convention.

At the Central District Convention there were many wonderful sessions offered. I had a difficult time deciding which sessions to attend; fortunately, many of the handouts can be found online on the convention's website. Another benefit of the Central District Convention is all of the amazing opportunities for future professionals. Missy Parker and Scott Gorman worked together to help all of the future professionals at the convention. Students were given the opportunity to sell raffle tickets in order to raise money for scholarships. This year, multiple students were selected to win scholarships because the tickets sales came to just under \$1,000. There were also several sessions geared toward future professionals that were very beneficial. Conventions are a great way to meet people that are currently working in our field, as well as students from other colleges and universities; you can learn from these people, make friendships, and help get your foot in the door for when you are ready to start looking for a job. I would strongly recommend trying to make it to the National AAHPERD Convention in Boston and to next year's Central District Convention in Wyoming.



Jack Olwell, Kay Oling, Mary Cappel and  
Vicki Johnson at the Central District  
MNAHPERD Convention

## NOMINATIONS FOR MN AHPERD AWARDS 2012

Please write legibly.

### Information on Nominee

Name \_\_\_\_\_

School \_\_\_\_\_

What they teach \_\_\_\_\_

### Person making the nomination

Name \_\_\_\_\_

Phone number \_\_\_\_\_

Email \_\_\_\_\_

Please check the award that you are nominating this person for.

#### \_\_\_\_\_ Lou Keller Award

Honor and recognize outstanding services and contributions given by a college or university professor or other professional worker (public school teachers exempted) in the fields of health, physical education, recreation, or dance as exemplified by Dr. Lou Keller former professor at the University of Minnesota at Minneapolis.

#### \_\_\_\_\_ Paul Schmidt Award

Honor and recognize the outstanding services and contributions given by an elementary or secondary teacher or supervisor in the fields of health, physical education, recreation, or dance as exemplified by Paul F. Schmidt, supervisor of elementary physical education and recreation, Rochester Public Schools.

#### \_\_\_\_\_ Carl Knutson School Health Education Award

Honor and recognize the outstanding services and contributions to school health education given by a Minnesota health educator as exemplified by Dr. Carl Knutson, supervisor of health, physical education, and safety with the Minnesota Department of Education.

#### \_\_\_\_\_ George Hanson Developmental Adapted Physical Education Award

Honor and recognize outstanding services and contributions given by an elementary, secondary, higher education, or other professional worker in developmental adapted physical education profession as exemplified by George Hanson.

#### \_\_\_\_\_ Carolyn "Dolly" Strumbel Distinguished Service Award

Honor and recognize the significant contributions professional retirees have made to MN AHPERD for at least 10 years.

#### \_\_\_\_\_ Aquatics

Honor and recognize outstanding service and contributions in aquatics.

## **\_\_\_\_\_ Pathfinder Award**

Honor and recognize the outstanding services and contributions in girls and women's sports by a physical educator who is also a member of AAHPERD.

## **\_\_\_\_\_ Adapted Physical Education Teacher of the Year**

The purpose of this award is to honor and recognize the outstanding services and contributions in adapted physical education by a Minnesota teacher who is also a member of AAHPERD.

## **\_\_\_\_\_ Elementary School Physical Education Teacher of the Year**

The purpose of this award is to honor and recognize the outstanding services and contributions in elementary school education by a Minnesota elementary school teacher who is also a member of AAHPERD.

## **\_\_\_\_\_ Middle School Physical Education Teacher of the Year**

The purpose of this award is to honor and recognize the outstanding services and contribution in middle school education by a Minnesota middle school teacher who is also a member of AAHPERD.

## **\_\_\_\_\_ Secondary Physical Education Teacher of the Year**

The purpose of this award is to honor and recognize the outstanding services and contributions in secondary school education by a Minnesota secondary school teacher who is also a member of AAHPERD.

## **\_\_\_\_\_ Health Education Professional of the Year**

The purpose of this award is to recognize outstanding contributions by practitioners in the health education field. The American Association of Health Education (AAHE) Teacher of the Year Awards (TOY) are given to teachers who are members of both MN AHPERD and AAHPERD and who demonstrate exemplary teaching abilities in respective grade levels and health education.

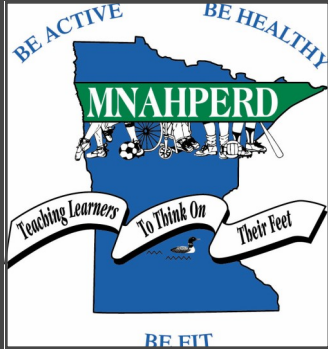
## **\_\_\_\_\_ Dance Educator of the Year**

The National Dance Association K-12 Dance Educator of the Year Award is given to K-12 teachers who are members of both MN AHPERD and NDA/AAHPERD and who demonstrate exemplary teaching abilities in respective grade levels and dance education. A dance educator as defined by NDA, includes those educators who are employed full time in a K-12 school and teach dance at least 50% or more of the time.

**Please return by March 1, 2012 to:**

**Sue Tarr, Chair  
MN AHPERD Awards Committee  
St. Cloud State University  
720 Fourth Ave. S.  
HAH 313  
St. Cloud, MN 56301**

MNAHPERD Executive Director  
Nancy Christensen  
25673 Muskrat Lake Dr  
Detroit Lakes, MN 56501



[www.mnahperd.org](http://www.mnahperd.org)

Loon Lines

February 2012

**MNAHPERD**

MNAHPERD is a school-based professional association that provides professional services and resources for teachers, organizations and individuals to provide quality programs. MNAHPERD is dedicated to improving the skills, knowledge, health and well-being of all Minnesota students.

Contact information for MNAHPERD Board of Directors is posted on [www.mnahperd.org](http://www.mnahperd.org)

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The mission of the MNAHPERD newsletter is to inform health, physical education, recreation, and dance professionals in Minnesota about their professional organization's activities and the opportunities available for participation. If you have questions, concerns or comments on the contents or layout of this newsletter please email

Amy Knopf at [aknopf@detlakes.k12.mn.us](mailto:aknopf@detlakes.k12.mn.us).

You can also access this newsletter in PDF format on the web at [www.MNAHPERD.org](http://www.MNAHPERD.org)