

February 2017

Volume VI, Issue I



MINNESOTA SOCIETY OF HEALTH AND PHYSICAL EDUCATORS

Loon Lines

Message from the President

Mike Doyle

The Physical Education Standards Review Committee has started the process of adopting the SHAPE America National Standards as the new Minnesota Physical Education Standards. We have a very strong group of 28 committee members from all over the state and from different professions that will be working together over the next few months to update our PE standards. This process started over a year and a half ago when a bill was introduced to the Minnesota Legislature to update the Physical Education standards. It was because of the advocacy from people from all over the state through social media, emails, and Lobby Day on March 16, 2016 that got this bill passed last May. It is a very exciting time for the Physical Education profession in this state as we will soon have updated Physical Education standards.



There are some exciting professional development opportunities coming up soon in our state. On February 25, the Minnesota Developmental Adapted Physical Education (MNDAPE) committee will be hosting their annual DAPE In Your Backyard full day workshop at Edgewood Middle School in Mounds View, MN. Go to www.mndape.org for details. On April 1, MNSHAPE will be hosting their annual spring workshop at Roosevelt Middle School in Willmar, MN. Go to www.mnshape.org for details.

Don't forget that MNSHAPE offers many grants and scholarships for their members. Anyone that hosts a Jump/Hoops for Heart event at their school is eligible for a MNSHAPE grant. MNSHAPE also has the Mary Lampe and Trish Meek scholarships. Go to the Grants/Scholarships tabs on the MNSHAPE webpage to find more information and apply.

We are also looking to recognize outstanding professionals in the state of Minnesota. April 15 is the deadline to nominate someone for one of our many MNSHAPE awards that are presented at the fall conference. If you know of anyone that deserves a MNSHAPE award please go to the Recognition and Awards tab on the MNSHAPE website.

The Minnesotans for Healthy Kids Coalition is again sponsoring a Lobby Day at the State Capital this year on April 6. The asks this year will be for funding for the Good Food Access Campaign and the Statewide Healthy Improvement Partnership (SHIP). Both of these programs are directly related to our jobs as Health and Physical Educators so it would be great to see as many people as we can at the State Capital on April 6 to support these programs. Go to the MNSHAPE website for information and to register. MNSHAPE will pay for a substitute teacher for the day if you are a member.

MNSHAPE will also have members attending the annual SHAPE AMERICA Speak Out Day in Washington DC on April 26. This year we will be asking that Title IV

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For more information about MNSHAPE, please visit our website at www.mnahperd.org or the national site at www.shapeamerica.org.

Part A of the Every Student Succeeds Act (ESSA) is fully funded at the 1.65 billion that was originally set aside by congress when the funds are available on July 1, 2017. Health and Physical Education programs are now eligible to receive these funds in ESSA. If you can't go to Washington DC to participate in Speak Out Day you can still help by using the SHAPE AMERICA Legislative Action Center to send an email to your US Senators and Congressman to ask them to make sure ESSA is fully funded. All you need to do is enter your home address and the emails will automatically be sent to the correct people.

<http://www.congressweb.com/shapeamerica>

The Minnesota Department of Education is also hosting another ESSA Public Conversation on Well-Rounded Education on February 25, 2017. The meeting will be at Brooklyn Park High School and it would be very nice to have a room full of Health and Physical Educators to explain to the people attending the meeting the importance of our subject areas being included in the definition of a Well-Rounded Education in ESSA.

Register here: <https://goo.gl/rNQjVb>

Thank you again for everything you all do for the students in the state on Minnesota!



Message from the President-Elect

Megan McCollum

The University of Northern Iowa just hosted our Central District SHAPE America Central District conference in Cedar Falls, Iowa. The keynote speaker at the conference was Scott Taylor who is a principal at an elementary school in the Osseo Area Schools District. Scott spoke about his initiatives that focus on fitness and movement that he has implemented in his school. He talked to us about the differences his initiatives have made in his students and the improvements he has seen in his school. Scott mentioned some of the resources that he uses and community programs that his school works with in order to connect his school with its community. The Loppet Foundation is one of the groups that his school works with to provide various events for his students to access. His school also works with Twin Cities in Motion. Scott mentioned that those two organizations are great resources for schools in the Twin Cities area. Some upcoming events that are

worth attending are the SHAPE America National Convention in Boston, MA, March 14th through the 18th. The Minnesotans for Healthy Kids Coalition Lobby Day is coming up on April 6th at the Minnesota History Center. This is a free event and lunch is provided. If you have not attended a Lobby Day before, you should seriously consider attending. If you would like to register for the event, go to <https://www.surveymonkey.com/r/MHKLobbyDay17> and complete the form. There is a free regional workshop being held in Wilmar, MN at Roosevelt Elementary School on April 8th from 8am to 1pm. The MNSHAPE Board of Directors is partnering with the MN DAPE Leadership Committee to host this workshop. There will be sessions on writing standards-based IEPs, working as a team with paraprofessionals, strategies to modify games and activities for students with disabilities, technology integration, academic games in physical education, and more! You do not need to register



to

attend this event; check the MNSHAPE website for more information. Lastly there is the SPEAK Out! Day in Washington, D.C. on April 25th and 26th. For more information check out the SHAPE America website at <http://portal.shapeamerica.org/events/speakoutday/default.aspx>.

If you have any ideas for resources or things that you would like to see from MNSHAPE on our app or on our website, please contact us with ideas at minnesotashape@gmail.com.

MNSHAPE REGIONAL WORKSHOP

WHEN

April 8, 2017
8:45-12:45 pm

WHERE

Roosevelt Elementary
1800 19th AVE SW Willmar, MN

FEATURED SESSIONS

- ◆ **Writing standards-based IEPs and charting goals**
- ◆ **Working as a Team with Para educators**
- ◆ **Standards-based Learning Goals & Assessments in PE**
- ◆ **Physical Educators Leading Active Schools Initiatives**
- ◆ **Strategies to Modify Activities OR DAPE/Unified Activities in general PE**
- ◆ **Embedding Mindfulness & Yoga in PE**
- ◆ **Technology and Fitness Games for ALL students**
- ◆ **Academic Games in PE**

FREE
EVENT FOR
MNSHAPE
MEMBERS

SIGN UP AT
MNSHAPE.ORG

SPEAKERS

MIKE DOYLE
SAMANTHA NELSON
BARB EILERS
JOE MCCARTHY
TARA STORTS
MEGAN MCCOLLOM
DEREK PICHA



The First Tee Program

Karen Nash

Like many physical education teachers I grew up loving sports and physical activity. I'm grateful my parents supported my pursuits, and that they passed on to me their knowledge and passion for golf. I didn't get serious about the game until after college, and once I did I couldn't play enough rounds to satisfy my drive. I have experienced the amazing feeling of driving a golf ball long and straight off the tee and the extreme frustration of missing a tap in putt. In many ways it's the most exhilarating and maddening sport I have ever played.

I read an article a few years back that talked about how the game of golf is struggling. Courses are closing in record numbers. Young people are not playing. They think it's slow, boring, expensive, frustrating, complex, and the list could go on. I'm not going to argue those points. They are all true. The

game makes little sense hitting a little white ball hundreds of yards away into a little hole not much bigger than the ball.

At the 2016 SHAPE America Conference I got to learn about The First Tee Program. It's designed to introduce students at a young age to golf. I left the session thinking this is how I could hook my elementary students on the game. Then last fall the local golf pro in my area gave an inservice on Starting New at Golf or SNAG. It was the same equipment I had used at my session at the national convention, and I was excited to get my hands on it again. He told us about the program he ran at the golf course over the summer and kids loved it.

The colorful, oversized, and easy use equipment makes learning golf fun and enjoyable to people of all ages and ability levels. Launcher, launch pad, roller, and flag sticky,

even the names are fun and makes the game easier to understand. The built in cues and activities make teaching a complex game simple even for those who aren't golfers.

As physical education teachers we have the great opportunity to share with students our passion for different sports and physical activities. If you would like to teach them about golf please look into the First Tee Program or SNAG or talk to your local golf pro and see what they have. I was reminded recently, one of the best things we can do as teachers and coaches is to pass on our knowledge and passion for different sports and activities. Otherwise, there is no future for the game.



SHAPE America Central District Convention Highlights

Derek Picha

This January, I was fortunate to be able to attend the SHAPE America Central District convention in Cedar Falls, IA. One of the highlights of the conference was the keynote address presented by Principal Scott Taylor of Park Brook Elementary School in the Osseo Public School District. Scott provided information on how he was able to transform his school by focusing on fitness by creating opportunities for students to be physically active before and after school, during the school day, and community based opportunities. This focus on physical activity at the school has led to improved academic growth by students and a substantial

decrease in discipline issues. I feel that the results at Park Brook Elementary could be a great bit of information to share with your schools in efforts to advocate for creating a culture of physical activity within your school community.

Another highlight was a pre-conference workshop on implementing technology in health and physical education. Kari Bullis, Jodi Larson, and Lynn Burrows presented a wide variety of tools that can be effectively implemented for enhancing student learning and assessment. Some tools that have game-changing potential in physical education

include BAM Video Delay and Google Forms. BAM Video Delay allows students to view skill performance at a designated time delay, providing instant feedback on performance. Feel free to visit this link <https://goo.gl/bCLxef>, for more information on BAM Video Delay. Google forms may be used to create a variety of rubrics, checklists, or quizzes that may be completed by students.



Simple Dance Mixer II

Jane A.K. Carlson, Vice-President of Dance

Glenn Carlson, University of Wisconsin-Superior

Barn Dance

- **Music:** Keith Urban - *Somebody Like You*
- **Skills:** Step-touch, arch and loop, toe-heel, grapevine
- **Formation:** Double-circle, partners facing each other

- **Directions:**
- (1-4 beats) Step-touch 2 times movement is counterclockwise
- (5-8 beats) Step-touch 2 times movement is clockwise
- (9-12 beats) Arch – inside partner raises left arm, outside partner moves under the arch in a turning counterclockwise direction (right, left, right, touch)
- (13-16 beats) Loop – outside partner turns back under the arch (which is called a loop) in a clockwise direction (left, right, left, touch)
- (17-24 beats) Partners side by side 4 toe-heel struts moving counterclockwise
- (25-28 beats) 1 grapevine— inside partner moves towards the center of the circle, outside partner moves towards the outside (step, behind, step, touch)
- (29-32 beats) 1 grapevine— inside partner moves back to the next partner, outside partner moves forward counterclockwise towards the next partner
- With a new partner— Repeat dance

- <https://www.youtube.com/watch?v=HI30x9gZq48>
Watch: Coupledance St. Merløse, DK - Barndance Mixer
To keep it simple, your students do not have to tap feet with their partner as they move forward.

If you are interested in giving a dance presenting at the Fall 2017 MNSHAPE Conference please email:

- Jane A.K. Carlson – jcarls25@d.umn.edu
- Cynthia Johnson – cjohnson@esko.k12.mn.us



Have you ever wanted something for your classroom but your budget wouldn't allow for it? Ever moved schools and wished you could have brought something from the other school to this one? Hi! I am Jenny Wamsley, I am a Health and Phy Ed teacher at Central High School in St. Paul and I have been in that position, so let me tell you my DonorsChoose.org story.

It all started when I was moved to a different school and missed having a Bose Speaker system in the gym, so instead of focusing on what I didn't have I made a project on Donorschoose.org! I logged onto the site and found the Bose Speaker system I wanted and made a project called "Bose Speaker System in the High School Gym". DonorsChoose told me that it could take one day to four months to get my project fully funded, so I stayed positive and waited to see what would happen. In less than three weeks my project was funded. WHAT?! I was in shock.

You may be thinking, what is DonorsChoose? It is a non-profit organization created by teachers

that aim to "empower public school teachers from across the country to request much needed materials and experiences for their students." Knowing that teachers don't have much extra time on their hands they make the process really simple and give assistance through each step of the process. They vet all requests, purchase the requested items and ship them to the verified schools directly. It really is that simple.

It is so simple, in fact, that within this school year alone I have created and got 15 projects funded! On top of the sounds system I have received: Sphero coding toys, all the materials for a salsa garden, a wireless LCD projector, 20 FitBits, phy ed equipment, backpacks, Chromebooks, pedometers, a 3Doodler, personal hygiene products and food stuffs just to name a few items. My projects were supported by random people, people who wanted to remain anonymous, ESPN, Clorox, Google and other organizations that felt compelled to support public education classrooms! I am proud to say my students have benefited

greatly from the \$8,170 in donations.

How do donors choose projects to fund? They search for ones that speak to them and what they support. So, make sure to include all the great things you are doing with your students and the rest will follow! How do you thank the donors? DonorsChoose helps you get thank you notes, pictures and videos to them so they can see their donations in action! Everyone wins!

Every time one of my projects gets funded I am reminded how blessed I am by the donors, and getting to experience these projects with my students is just about the greatest feeling in the world. People believe in what I am doing at Central, and they will believe in you too. I urge you to start a small project today and make sure to keep your eye on the DonorsChoose.org website, as match offers come up and go away quickly. Search for my page on the website to get inspired or browse others who may have similar project ideas. Good Luck on getting your project funded, I'm rooting for you!

CONGRATULATIONS TO THE FOLLOWING MINNESOTA 2017 SHAPE AMERICA AWARD RECIPIENTS!!

SHAPE America Honor Award – Nancy Christensen
Bill Kane Undergraduate Scholarship – Tyler Storm, MSU Moorhead
Thursday, March 16, 2017
Professional Excellence Awards Ceremony
4:30 pm at the Sheraton Hotel, Independence Ballroom

Majors of the Year Ceremony
Outstanding majors of the year from participating universities will be honored
Thursday, March 16, 2:00 pm at the Sheraton Hotel, Back Bay ABC

Central District Middle School Teacher of the Year
Cynthia Johnson, Esko Public Schools
Friday, March 17, 2017
Hall of Fame Banquet
6:00 pm at the Sheraton Hotel, Constitution Ballroom

MNSHAPE Award Information

Sue Bremer

Now is a great time to nominate a friend or colleague for a MNSHAPE Award! Here is a snap shot of the awards we give out: To see a full description go to mnshape.org under Recognition and Awards. You will also find a nomination sheet on the website. **The Deadline is April 15th.**

- Adapted Physical Education Teacher of the Year
- Elementary Physical Education Teacher of the Year
- Middle School Physical Education Teacher of the Year
- Secondary Physical Education Teacher of the Year
- Health Educator of the Year
- Dance Educator of the Year
- Health and Fitness Advocacy Award
- Lou Keller Award - given to recognize outstanding service by a college or university professor.
- Paul Schmidt Award - given to recognize outstanding services and contributions by elementary, secondary or supervisor of Physical education and health.
- Carl Knutson Health Educator Award - outstanding health teacher
- George Hanson DAPE Award - outstanding DAPE teacher
- Dolly Strumbel Distinguished Service Award - Significant contributions for a professional retiree.
- Aquatics - recognize outstanding services in aquatics

To nominate someone contact Sue Bremer at sbremer@rocketmail.com

DAPE NOTES

Kay Oling and Pete Westby

Kay and I hope that this year has been full of new adventures and success! With this quarters newsletter, we want to pass on several important dates to save and share some upcoming events.

On Saturday, February 25th, the MNDAPE Leadership Committee will be holding the DAPE IN YOUR BACKYARD event. This will be held at Edgewood Middle School in Mounds View, MN. Please visit www.mndape.org website for registration and activities that will be presented at this day session.

MNSHAPE will be holding a Spring Workshop on April 8th, 2017 in Willmar, MN at the Roosevelt Elementary School. Please visit www.mnshape.org web site for registration information and topics that will be presented.

MHK Coalition Lobby Day will take place on April 6th, 2017 and SHAPE America Speak Out Day will be held

April 25th-26th, 2017 in Washington D.C. More information on this national event will also be found on the MNSHAPE website. Please consider making this trip to let “your” voice be heard AND THE IMPORTANCE OF A QUALITY, WELL ROUNDED EDUCATION IS TO OUR STUDENTS.

Also in April, the MN DAPE Leadership Committee will be providing a Family Day session in conjunction with the Charting of the C’s Conference being held at the Arrowwood Lodge up in Alexandria, MN. Members will be leading a variety of games and activities for parents, caregivers, and family members. This has been a great experience for the children and siblings to have an opportunity to play, meet new and old friends before the conference.

Another event that the MNSHAPE BOD are participating in is the American Heart Association’s Heart

Walk event. On Saturday, April 29th, 2017 two teams – Team Megan and Team Mike will be walking. Please visit the American Heart Association’s web site and donate to one of the teams!

One last date to save is the MNDAPE Fall Conference that is held on the last Thursday and Friday in September 2017 at Camp Friendship in Annandale, MN. This is the time to go and visit with your district’s Special Education Director and request the days and funds to attend this great two day event. Don’t wait until the start of the next school year. As they say “the early bird gets the conference”! Be watching either the MNDAPE web site at www.mndape.org or your school’s mailbox for the flier. ** REMINDER ** Part of the fee does cover your overnight stay at the camp in one of the cabins. Plan to stay the night and meet both new and old friends!

MNSHAPE Scholarships – It Could Be YOU!!!

MNSHAPE awards three different scholarships throughout the year for students in undergraduate and graduate school. These are: the Ellen Cromwell-Cercle Student Travel Scholarship, Mary Lampe Scholarship, and the Trish Meek Developmental Adapted Physical Education Scholarship. Applications are available at the MNSHAPE website and due at different times throughout the year. We encourage students and professionals alike to apply for the appropriate scholarships.

Ellen Cromwell-Cercle Student Travel Scholarship: This scholarship is awarded to full-time undergraduate students majoring in the field of health, physical education, recreation, or dance to assist them in traveling to district or national conventions.

DUE DECEMBER 15 OF EACH YEAR

Mary Lampe Scholarship: The Mary Lampe Scholarship is awarded to full time undergraduate and graduate students in good standing with MNSHAPE in their quest to enhance professional/educational development. The establishment of this award was to honor and recognize the outstanding efforts, services and contributions of Mary Lampe, who retired from the Health, Physical Education, and Recreation Department at the University of Minnesota, Minneapolis.

DUE APRIL 15 OF EACH YEAR

Trish Meek Developmental Adapted Physical Education Scholarship: Trish Meek DAPE Scholarship is awarded to full-time undergraduate student(s) pursuing licensure in Developmental Adapted Physical Education (DAPE)

DUE APRIL 15 OF EACH YEAR

CALLING ALL FUTURE PROFESSIONALS

Reilly Fawcett

Have you ever considered presenting at the MNSHAPE State Conference?

Besides networking and learning about best practices in physical education and health, presenting at the conference can be a great way for you to show off your talents and skills as a future educator. As your future professional representatives, we encourage you to collaborate with your peers and create a proposal for the next MNSHAPE State Conference in November. This is a great way to get noticed by other professionals in the field and to share your great ideas and activities with others. Additionally, it provides an opportunity for you to practice delivery of instruction to a large group of people in a movement setting. If you are not sure how to get started, inquire with your advisor or instructors at your

University.

MNSHAPE conference proposal forms will be available soon on the MNSHAPE website: <http://www.mnshape.org>. Once these forms are available, you can begin the paperwork process and be sure to submit by the deadline date identified on the form. If your proposal is accepted, you will be notified by a MNSHAPE board member.

Remember, YOU are the future of Physical Education and Health! Get noticed at the conference and share your ideas with us! Contact your Future Professional Representatives with questions or assistance with the proposal process. We hope to see you presenting at the next MNSHAPE State Conference.

Future Professional Representatives

Reilly Fawcett
Reilly.Fawcett@live.bemidjistate.edu

Alex Kvanli
alexander.kvanli@mnsu.edu



Bemidji State University Future Professional Emma Terres presenting BEEF during a basketball skills lesson



Minnesota Society of Health and Physical Educators

For almost 100 years, Minnesota's Health and Physical Educators have collaborated and shared their best ideas. MNSHAPE provides leadership, advocacy and support for educators at every level, from preschool to university professors. MNSHAPE has been Minnesota's foremost advocate for our profession. Your MEMBERSHIP makes us stronger and better.

What MNSHAPE Membership Provides for You:

- Annual State Conference – Over 80 quality program sessions on professional practices and updates are held with continuing CEU credits
- Workshops, Clinics – Half and full day programs are scheduled in various parts of the state with the goal of bringing continuing education opportunities directly to members
- MNSHAPE Newsletter – The MNSHAPE newsletter, Loon Lines, is posted on our website or mailed in December, March, May and August
- Multiple resources can be found on our up and new website, MNSHAPE.org. Connecting through MNSHAPE's social media provides ways for you as a member to obtain new ideas for activities, new assessments, and advocacy tools and to be kept up-to-date regarding professional development opportunities.
- Opportunity to serve on the MNSHAPE Board of Directors and/or committee's
- Opportunity to be nominated as a State Teacher of the Year in Health, Physical Education; elementary, middle, high school, Dance, and Developmental Adapted Physical Education. State recognition is also given in aquatics with other recognitions given.
- Opportunity to receive scholarships to attend district and national conventions
- Opportunity to receive grants if you have conducted a jump rope for heart/hoops for heart event
- Provide financial assistance to members to attend Minnesotans for Healthy Kids Coalition Lobby Day

What MNSHAPE Has Been Doing for You This Past year:

- In 2010 and 2011, with the American Heart Association, we hired a lobbyist to pass legislation for Physical Education Standards in Minnesota – the end result after six years; Minnesota now has Physical Education Standards and representation at the Minnesota Department of Education
- Provided funding and personnel to represent Minnesota teachers at Speak Out Day in Washington, DC regarding ESSA
- A MNSHAPE Board member has been present at all six Minnesota Department of Education ESSA meetings with MN Education Commissioner Brenda Cassillius to discuss Health and Physical Education being a part of "a well-rounded education." Health and Physical Education are now included so we need to make sure that the voice of our disciplines are heard when decisions on the implementation of ESSA are being made. MNSHAPE has been there to make sure this happens. ESSA gives us access to Title I, II and IV Part A funding with many other subject areas
- MNSHAPE was the core of hosting, promoting and manning a very successful 2016 SHAPE America National Convention
- MNSHAPE was represented at the Minnesota School Board Conference
- MNSHAPE spoke at the Elementary Principles Conference
- MNSHAPE was present at Education Minnesota
- Multiple workshops have been provided on successful implementation of the Physical Education Standards and Fitness Gram at no cost to regional districts coordinated with the Department of Education
- MNSHAPE continues to provide successful state conferences with excellent keynote speakers, session speakers, exhibitors, and award recognition

Clearly, you are dedicated to making a difference – not only in your career but also for the children and communities you serve. As a member of MNSHAPE you are extending our commitment to empowering all children to lead healthy and active lives through effective health and physical education programs!!

Jump Rope For Heart is a national education and fundraising event created by the American Heart Association and SHAPE America-Society of Health and Physical Educators. Students learn to jump rope, learn the benefits of physical activity, healthy eating and avoiding tobacco; and raise funds for research and programs to fight heart disease and stroke.

Funds raised through Jump Rope For Heart give back to children, communities and schools through the American Heart Association's work:

- Ongoing discovery of new treatments through research
- Advocating at federal and state levels for physical education and nutrition wellness in schools
- CPR training courses for middle and high school students

Millions of students have joined us in being physically active and in fighting heart disease and stroke by funding research and educational programs. Be a part of this great event and your school will earn gift certificates for FREE P.E. equipment from U.S. Games.



SHAPE America is a proud program partner of Jump Rope For Heart.

Call 1-800-AHA-USA1 or visit heart.org/jump to get your school involved.



It Takes Heart to be a Hero



©2015, American Heart Association. Also known as the Heart Fund. 7/15DS9292

**We Jump.
We Shoot.
We Save!**

Hoops For Heart is a national education and fundraising event created by the American Heart Association and SHAPE America-Society of Health and Physical Educators. Students learn basketball skills, learn the benefits of physical activity, healthy eating and avoiding tobacco; and raise funds for research and programs to fight heart disease and stroke.

Funds raised through Hoops For Heart give back to children, communities and schools through the American Heart Association's work:

- Ongoing discovery of new treatments through research
- Advocating at federal and state levels for physical education and nutrition wellness in schools
- CPR training courses for middle and high school students

Millions of students have joined us in being physically active and in fighting heart disease and stroke by funding research and educational programs. Be a part of this great event and your school will earn gift certificates for FREE P.E. equipment from U.S. Games.

Call 1-800-AHA-USA1 or visit heart.org/hoops to get your school involved.



SHAPE America is a proud program partner of Hoops For Heart.

©2015, American Heart Association. Also known as the Heart Fund. 7/15DS9292



Minnesota Physical Education Standards Review Process

Mary Thissen-Milder, PhD, Minnesota Department of Education

The Minnesota Department of Education is pleased to announce the formation of the 2017 Minnesota K-12 Physical Education Standards Committee! Using the *SHAPE America National Standards and Grade-Level Outcomes for K-12 Physical Education as a base*, available from the [SHAPE American website](#), the committee will determine the changes that are needed (if any) to ensure that the national standards address state statutory requirements and best practices in the field of physical education. The new standards will replace the state's current standards, the *National Standards for Physical Education*, which were developed by the National Association for Sport and Physical Education, adopted by Minnesota in

2010, and implemented in all schools in the 2012-2013 school year. The date by which all schools must implement the new standards will be determined during the rulemaking process. Information about the standard review timeline, the name of committee members, and assumptions of the committee can be found on the [Minnesota Department of Education's Health and Physical Education web page](#).

The first draft of the Standards and Benchmarks will be posted February 27th on the [Minnesota Department of Education's Health and Physical Education web page](#) for public review and comments.

Comments can be posted online and will also be collected through a series of public hearings across the state between February 28th and March 16. MNSHAPE members are strongly encouraged to provide feedback in either format. Information regarding the open comment period will be available through both the MDE and MNSHAPE websites and also through social media.

Minnesota Department of
Education

MAKE YOUR CONNECTIONS COUNT

SAVE THE DATE

Thursday and Friday, November 9 & 10, 2017

MNSHAPE will be hosting the State Conference for the fourth year at Wayzata High School – a great facility for a great conference. Thursday evening will again be the **Awards Celebration**, a night to congratulate and honor fellow teachers and others for their outstanding service.

MNSHAPE State Conference

“Teaching Learners to Think on Their Feet”
Thursday and Friday, November 9 & 10, 2017
Wayzata High School, Plymouth, MN

Awards Celebration
Thursday, November 9, 2017
Crowne Plaza Minneapolis West
Plymouth, MN

Be a Member of our Profession!

Current Educators and Future Professionals... you can obtain so many benefits by attaining a National Shape America Membership! Please consider putting some of your professional development money and/or book money to your SPA profession!

<http://www.shapeamerica.org/about/membership/>
http://www.shapeamerica.org/about/membership/students_members.cfm

Access to Scholarships & Awards

- **Ruth Abernathy Presidential Scholarship**—Awarded to three undergraduate and two graduate students at SHAPE America's National Convention & Exposition held in the spring of each year.
- **Barbara A. Cooley Scholarship Masters Level**—Open to a master's level student who is currently enrolled in a health education program.
- **Bill Kane Undergraduate Scholarship**—Awarded to an outstanding student officially recognized as an undergraduate health education major at any four-year university/college.

Staying Informed

- **Momentum**—A quick read newspaper that covers SHAPE America's news and updates on the latest trends, people on the move, upcoming conferences and workshops.
- **Etcetera**—SHAPE America's weekly e-newsletter is packed with the latest stories focusing on school-based health education, physical education, physical activity and sport.
- **Quest, Measurement in Physical Education & Exercise Science**, and the **Journal of Sport Sciences** are also available to student members free of charge and are in addition to your selected publications. Available through Taylor and Francis Publishing. Log into your membership account and select "view my journals" to access the Taylor and Francis publications.

Sharing and Staying Connected

- **SHAPE America's Annual Convention & Exposition and District Conferences**—SHAPE America conferences are the world's largest gathering of school-based health education, physical education, physical activity and sport professionals and students—an unparalleled professional development opportunity. Whether you're a first-year student or graduating this year, you'll be inspired by your colleagues' experiences and ideas. You'll come away enriched, motivated, and invigorated. SHAPE America student members receive a significant discount on registration.
- **SHAPE America's Undergraduate Student Leadership Forum**, the **Graduate Student Forum** and **District Leadership Conferences** bring together students and young professionals to discuss the challenges and opportunities individuals are faced with when starting a career.
- **Facebook**—"Like us" to follow all posts and happenings.
- **Twitter**—Follow us on Twitter @SHAPE_America

Preparing for Your Future

- Find your first job on **CareerLink**. Post your resume online, search jobs and get email notifications when new jobs are posted. Other resources include resume building and interview tips.

A Voice That Matters

- Make your voice heard on matters affecting SHAPE America. Student members are eligible to serve as **delegates** at the SHAPE America National Convention & Exposition.

Saving Time and Money

- **Membership Dues Automatic Payment Plan**—Renew your SHAPE America membership automatically with your credit card on an annual basis.
- **GEICO Insurance**—Student members receive discounts on home and auto insurance.
- **SHAPE America-Sponsored Student Liability**—Available through the Forest T. Jones and the Trust for Insuring Educators, take advantage \$1 million of coverage for \$25/year. Coverage pays all defense costs over and above the limit of liability.
- **More Savings!** - Don't forget the huge savings SHAPE America student members get on books and other resources, and convention registration!
(SHAPE America Website, 2015)



MN SHAPE Membership Form
 (or register online at www.mnahperd.org)

Name (first, middle, last) _____

Home Address _____

Home City _____ State _____ Zip _____

Home Telephone _____

School Where You Teach _____

Work Address1 _____

Work Address2 _____

Work City _____ State _____ Zip _____

Work Telephone _____

Email Address _____

of years in HPERD Profession _____

Membership Categories (select one)

- | | Membership Fee (annual/includes processing fee) |
|---------------------|---|
| Professional Member | <input type="checkbox"/> \$35.00 |
| JRH/HFH Coordinator | <input type="checkbox"/> \$25.00 (\$10 discount off professional membership for coordinators) |
| Student Member | <input type="checkbox"/> \$20.00 College attended full-time: _____ |
| Retired Member | <input type="checkbox"/> \$20.00 Year Retired: _____ |
| Associate Member | <input type="checkbox"/> \$35.00 |
| Lifetime Member | <input type="checkbox"/> \$650 |

Payment Method

- Personal Check (**Make check payable to MN SHAPE**)
 Institutional Check (**Make check payable to MN SHAPE**)

Mail to: Nancy Christensen
 25673 Muskrat Lake Drive
 Detroit Lakes, MN 56501
 218-847-9769 (Home Phone)
 Fax to: 218-846-2416

Questions: Call Nancy Christensen at 218-847-9769 or email nancy1485@gmail.com

MNSHAPE Executive Director
 Nancy Christensen
 25673 Muskrat Lake Dr.
 Detroit Lakes, MN 56501



WWW.MNSHAPE.ORG

Loon Lines

February 2017

Contact information for MNSHAPE Board of Directors is posted on www.mnshape.org

MNSHAPE

MNSHAPE is a school-based professional association that provides professional services and resources for teachers, organizations and individuals to provide quality programs.

MNSHAPE is dedicated to improving the skills, knowledge, health and well-being of all Minnesota Students.

MNSHAPE Executive Committee

President	Mike Doyle	(763) 221-3375	Michael.doyle@wayzata.k12.mn.us
President Elect	Megan McCollom	(763) 504-4198	megan_mccollom@rdale.org
Treasurer	Jeremiah Hinkemeyer	(218) 329-2088	moorhead18@hotmail.com
Secretary	Vicki Johnson	(218) 847-5212	vjohnson@arvig.net
Executive Director	Nancy Christensen	(218) 847-9769	nancy1485@gmail.com

The mission of the MNSHAPE newsletter is to inform health, physical education, recreation, and dance professionals in Minnesota about their professional organization's activities and the opportunities available for participation. If you have questions, concerns or comments on the contents or layout of this newsletter please email Amy Knopf at aknopf@detlakes.k12.mn.us.

You can also access this newsletter in PDF format on the web at www.mnshape.org.