



Loon Lines

VOLUME III, ISSUE III

For more information about MN SHAPE, please visit our website at www.mnahperd.org or the national site at www.shapeamerica.org

**NOVEMBER
2014**

MINNESOTA SOCIETY OF HEALTH AND PHYSICAL EDUCATORS

MESSAGE FROM THE PRESIDENT

Sue Tarr



Welcome to the holiday season – I hope you and your students are surviving and learning a LOT about physical education and health education! For the second year in a row, it was so awesome to see over 400 MN health & physical education college/university students and professionals attending our November conference. Many thanks to all of you for coming to Wayzata High School and making the 2014 conference such a success – the buzz that was created in the hallways between sessions was UNBELIEVABLE!

The MN SHAPE board of directors worked diligently on the front end to provide you with a LOT of variety in conference sessions. They also cranked out a LOT of steps during the conference moving from one end of Wayzata High School to the other to make sure your conference experience was great. Here is my public ‘thank you’ to each of board members who contributed to the success of the conference.

Many congratulations to our 2014 MNAHPERD award winners:

- Andy Kubat - George Hanson Developmental Adapted Physical Education Award
- Sue Tarr – Lou Keller Collegiate Award
- Robin Johnson – Developmental Adapted Physical Education Teacher of the Year
- Alisha Franckowiak – Elementary Physical Education Teacher of the Year
- Michael Brindise – Middle School Physical Education Teacher of the Year
- Jack Olwell – Past President’s Award
- Caryl Martin – Presidential Award

Finally, a BIG SHOUT OUT to our keynote speakers MacKenzie Mushel, National Dance TOY; Chris Freytag, Get Healthy U, fitness guru; Deb Tackmann, nationally recognized health educator; and Deborah Stephenson, SHAPE-America Central District President-Elect and dance educator. They all shared inspiring and motivating keynote presentations plus a number of awesome breakout sessions – THEY ROCKED!

Per usual, we are starting the preparations for next year’s conference now. We want to make the conference fit YOUR NEEDS. So, please email me (or any board member) with suggestions/ideas to plan an awesome conference.

Please join us November 13, 2015 for the fall conference!

I am honored to serve MN SHAPE as your President. Please contact me (sjtarr@stcloudstate.edu) with issues, projects, or questions about Health, Physical Education, DAPE, Recreation, & Dance.



INSIDE THIS ISSUE:

Fall Conference Pics	3-5 12-13
Importance of Lesson Planning	8
What's New for 2014-2015	10-11
Board of Directors	14
Scholarships	15-21

Message from the President Elect

Mike Doyle



Thank you to all of the presenters, exhibitors, and especially the attendees for an amazing two days at the 2014 MNAHPERD Conference at Wayzata High School. All of you that attended please be sure to take back some of the information that you learned and share it with your colleagues that could not make it.

I would personally like to thank Kelli Tuttle, the 2014 Central District AAHPRED High School TOY, for coming up from Iowa and especially MacKenzie Mushel, the 2014 Central District and National AAHPERD Dance TOY, for coming from Colorado. It was really great having them here in Minnesota to share their expertise with us.

One of the highlights of the 2014 MNAHPERD Conference for me was running into Leah Wheeling. I had the honor of presenting at the NDAHPERD (North Dakota Alliance of Health Physical Education and Dance) conference October 16-17 and was able to meet the new members of their Board of Directors which included a teacher from Simle Middle School in Bismarck, ND named Leah. She mentioned that she has always wanted to attend a MNAHPERD Conference because she has always heard great things about it so I told her that is was only a few weeks away. As I walked by the registration table on the Monday morning of the 2014 MNAHPERD conference I ran into Leah. She actually took the 5 AM flight from Bismarck to Minneapolis and made it to Wayzata High School by 7:45. When asked if she was staying through Tuesday she mentioned that she only got one day off of school so she had to fly back to Bismarck at 7 PM on Monday. As I look back at Leah's journey on Monday, November 3rd 2014 it makes me realize that we have something very special here in the State of Minnesota. We are hosting a state conference that people from neighboring states are talking about and want to attend.

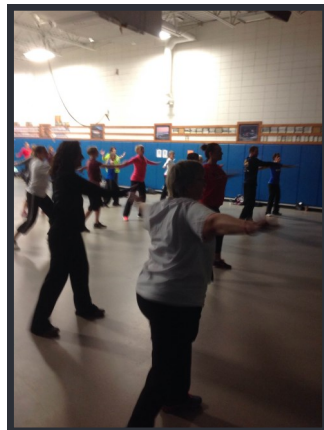
I also challenge you to take your Professional Development to a level like Leah Wheeling. Whether it's the Central District SHAPE Conference in Moorhead, MN on February 5-7, 2015 or the SHAPE America Conference March 17-21, 2015 in Seattle, WA there can be a Physical Education/Health professional development journey possible for you.

Last March I flew to Washington DC and was one of two people that represented the State of Minnesota at the annual SHAPE America Speak Out! Day on Capitol Hill. I had the opportunity to speak with staff members of five US Senators and 4 members of the House of Representatives. Our message to them was that Physical Education and Health need to be labeled as Core Subjects in the reauthorization of the Elementary and Secondary Education Act. This would give our subject areas access to money that we previously have not been able to use. This bill known as the PHYSICAL ACT has been gaining support in congress, but we still need to continue the fight. Our second message is that congress should still continue to set aside money for PEP grant funding which is the only federal education funding for physical education. If you are available to go to Washington DC on February 10-11 it would be a big help to our profession as we continue to try to get Physical Education and Health the same resources as other subject areas.

For more information on SHAPE America Speak Out! Day go to: <http://www.shapeamerica.org/events/speakoutday>

Fall Conference Highlights

Mackenzie Mushel ZUMBAlicious Dance for Teachers K-12



Deb Stephenson's "Dance quick, Dance fun, Dance fit"



Deb Stephenson teaching "Crazy Train"





Learning a Line Dance to the Song "Timber"



Attendees creating their own 4-8 count Line Dance

February 5-7, 2015

SHAPE AMERICA CENTRAL DISTRICT CONVENTION "THE POWER OF UNITY"

There is still time to register for **SHAPE AMERICA** Central District
Early Bird Registration is open until December 5, 2014

Attendance requires **Minnesota or National SHAPE America Membership**
(Minnesota membership must be current before December 31, 2014)

Convention being held at **Moorhead State University**
Moorhead, Minnesota

Go to <http://www.shapeamerica.org/about/districts/central/conference.cfm>
SEE YOU THERE!!!

It's Conference Time Again!

Megan McCollom

- This year's MNAHPERD conference was a hit! We had nearly 500 people attend the conference this year. There were awesome door prizes including products from Polar, \$50 cash, a free MNAHPERD membership, and more! On the ballot this year was not only board member positions, but also a chance to vote for the new name change; the name that won was MN SHAPE (Minnesota Society of Health and Physical Educators). We were fortunate enough to have some amazing presenters this year as well.
- Nationally recognized fitness expert, Chris Freytag; National Health Education Professional of the Year Award winner, Deb Tackmann; current National Dance Teacher of the Year, MacKenzie Mushel; and National Secondary Teacher of the Year, Kelli Tuttle all presented multiple sessions at the conference this year. There were also a number of awesome sessions about weight training, technology in Physical Education, assessments, and information for first year teachers. If you would like to know more, head over to the MNAHPERD website to look at the conference program and handouts! If you were unable to go to the MNAHPERD conference, you have a second chance to see some of the sessions at this year's Central District SHAPE America conference in Moorhead, February 5th through the 7th.



Amy Hinkemeyer and Jack Olwell discussing what's next



Cyndee Johnson and SHAPE America Central District President Elect Deb Stephenson



Conference attendees checking in with Karen Nash and Megan McCollom



Conference attendees purchasing MN SHAPE attire



Conference attendees showing off their new MN SHAPE attire



Everyone must be in the sessions!



Attendees at they keynote presentation with Deb Tackman



Nadine Moeller and Sue Bremer keeping the give away board up to date

Is there a tool to assess skill assessments?

Dr. Jane A.K. Carlson, Vice-President of Dance

The situation:

A physical educator in Colorado contacted me for assistance to create a one-page document for physical educators to peer-evaluate various skill assessments prior to adding them to their districts physical education assessment bank. For the process to work efficiently they need valid and reliable skill assessments that could be utilized across the district. They want to gather a variety of skill assessments, peer review them, prior to making them available on their Google Drive. Their ultimate plan is to utilize Google Drive to share resources across the district (lesson plans, assessments, etc.). With over 200 PE teachers in the district they want to work smarter and together.

After researching I found the following items that could aid in creating this document.

To submit a skill assessment to be peer-reviewed it must meet the following classification:

Classification of skill assessment:

The primary classifications for objective skills assessments:

- Accuracy-based skills assessments
- Repetitive-performance assessments
- Total body movement assessments
- Distance or power performance assessments

Some assessments may be combinations of two of these classifications. Morrow, Jackson, Disch and Mood (2011). *Measurement and Evaluation in Human Performance* (4th ed.). Champaign, IL: Human Kinetics Publishers.

To develop the peer-review document criteria needs to be established.

Suggested criteria for skill assessment:

- The assessment must have been administered multiple times, and believed to be valid and reliable by the teacher that submits it.
- The assessment must be simple to administer and to take.
- Have instructions that are easy to understand.
- Require neither expensive nor extensive equipment.
- Be reasonable in terms of preparation and administration time.
- Encourage correct form in a gamelike condition.
- Be of suitable difficulty (neither so difficult that they cause discouragement nor so simple that they are not challenging).
- Be interesting and meaningful to the performer.
- Exclude extraneous variable as much as possible.
- Provide for accurate scoring by using the most precise and meaningful measure.
- Follow specific guidelines if a target is the basis of scoring.
- Require a sufficient number of trials to obtain a reasonable measure of performance (test that have accuracy as a principal component require more trials than test measuring other characteristics).
- Yield scores that provide for diagnostic interpretation whenever possible.
- Hensley, L. D. & East, W. B. (1989). *Testing and grading in the psychomotor domain*. In M. J. Safrit and T. M. Wood (Eds.), *Measurement Concepts in Physical Education and Exercise Science*. Champaign, IL: Human Kinetics Publishers.

Contact me if you have any additional ideas or a tool to assess skill assessments. Please e-mail them to jcarls25@d.umn.edu. Let's work smarter and together.



Jump On Board to Promote Heart-Healthy Habits and Help Save Lives!

Jump Rope for Heart and Hoops for Heart are community service programs that celebrate heart-healthy living and support the mission of the AHA. Its goals are to:

- Teach kids how to take care of their hearts and how they work
- Promote the value of living a heart-healthy lifestyle
- Honor those in our community who have been affected by heart disease or stroke.
- Raise funds to support the American Heart Association's efforts to prevent heart disease and stroke through research & education

Why should our school support the American Heart Association?

- Heart disease is the nation's #1 killer and stroke is the third leading cause of death.
- Preventing childhood obesity is one of our top priorities.
- About 36,000 children are born with a heart defect each year. Since 2003, we've committed more than \$44 million to research related to children's health.
- We advocate at the federal and state levels for PE, nutrition and wellness in schools.

How much of my time does it take to plan an event?

The great thing about hosting a Jump Rope & Hoops for Heart event is that the event takes as long as YOU want! It can take place on one day or during PE classes over a week or two.

Is there a certain time of the year that I must hold my event?

No. It can be held at a time which is most convenient for your school and your schedule.

Does the whole school have to come out to participate in the event?

No. Each school customizes their event to be what will work best for their school. Some schools bring out the entire school, others break it up into grade levels, and still others hold their event during PE time.

Is there a cost or minimum our school must raise in order to participate?

NO! We are excited to have you on board and are very appreciative that you will be promoting the mission of the American Heart Association, and the importance of physical activity during the weeks leading up to your event. All that we ask is that every family be well-informed and aware of the event, and be given a donation envelope to turn in a donation if they choose to.

How much assistance will I receive from the American Heart Association?

Your Youth Market Director will be there every step of the way to help in planning your event. We plan on meeting with you at least once leading up to your event, but can meet more often if you would like. We are also available via phone or email 5 days a week.

Importance of Lesson Planning

Dr. Julie Knutson

As a University Student Teacher supervisor, I was asked this week from a Cooperating Health and Physical Education teacher, “Why do we expect student teachers to write extensive lesson plans in such detail when they do not have to do this as a contracted teacher?” This was not the first time I have been asked this question. I want to share my answer.

A curriculum is approved by each school district and the district then has the full curriculum on file. This file is to include lesson plans with activity suggestions to be used by their contracted teachers. When a teacher signs a contract, they agree to follow this approved curriculum. The District tells the contracted teacher what to teach but can only give suggestions to the teacher on how to teach. It is the professional integrity of the contracted to teacher to decide how best to teach to meet the needs of each and every student. Contracted teachers have this document at their disposal and use the lesson plans as a template for their own teaching; in general use, most contracted teachers outline the necessary components and use that outline to guide their lesson.

Writing detailed Lesson Plans is a MN state mandate. We in Higher Education need to instruct Health and Physical Education future professionals how that initial document is developed and how it can be assessed for effectiveness using the CDC’s Health Education Analysis Tool (HECAT) and the CDC’s Physical Education Analysis Tool (PECAT). Future Professionals must practice writing detailed lesson plans to show they fully understand the necessary planning components; allowing effective best practice instruction through proper Assessment which proves the student is learning in their classroom. Then we make them reflect on how the lesson went and note any changes needed to be considered.

As education professionals, we all know and understand that if we want to substantiate the integrity of Health Education and Physical Education, detailed lesson plans give our discipline worth. A good lesson plan aids in all areas of teaching and instruction: Planning, Instruction, Assessment, and Reflection. A good lesson plan makes sure that I as the professional use best practice in my teaching and shows integrity to my discipline. A good lesson plan focuses on the assessment so I can prove my students learn current material; then I use that data to substantiate my effective teaching. A good lesson plan allows me as a professional to reflect on the lesson and make notes and appropriate changes as needed.

Planning:

- Proof of knowledge and application of Standard Based Lesson Planning in a diverse classroom
- Show integrity to our discipline (we don’t just “roll out the balls” or “fly by the seat of our pants”)
- Proof to show the future professional can plan
- Ease preparation for a substitute teacher- lessons are easily duplicable
- Apply current teaching content and future CEU content earned in professional development; keeping content current
- Legal document to protect us from being sued

Instruction:

- Show that we are using best practice strategies
- Show that our content knowledge is current
- Show skill based activity selection application
- Show that student safety was thought through; “IN LOCO PARENTIS”: In place of a reasonably, careful parent.
- Anticipate conflicts/needs
- Being prepared to teach/ having everything we need for the lesson

Assessment:

- Proof of knowledge and application of age/developmental appropriate assessment tools tied to meet standards and objectives
- Show what students are learning
- Proof to show the future professional can collect and analyze data to show students are learning
- Sell your program with data to support it’s worth

Reflection:

- Analyze the effectiveness of teaching and learning
- Make adjustments as needed to meet the needs of all students

In Higher Education, it is our responsibility to produce quality teachers with necessary skills to Plan, Instruct, Assess, and Reflect. Please support our efforts when you work with future professionals. Encourage them to master the skill of detailed lesson planning. Our reward will be in knowing that these skills will help our discipline be of the highest quality!

Dr. Julie Knutson
MSUM

Congratulations 2014 Grant Winners!!!!

The following teachers will each receive a \$500 equipment grant from MNAHPERD and Jump/Hoops for Heart. Any teacher who is a MNAHPERD member and coordinates a Jump or Hoop Event at their school is eligible to apply. If interested, please consult MNAHPERD website for more information. Also, stop by the Jump/Hoops booth at the MNAHPERD conference to get hands on assistance.

Name	School	City	Project
Susan Allen	Woodland	Eagan,MN	Bosu Balance Balls
Steve Sizer	North Intermed.	St.Peter,MN	pedometers
Stacy Sorgatz	Cokato Elem	Cokato, MN	inter sleds
Jamie Bodette	Raleigh Edison	Duluth, MN	HDMI, Bluetooth PA
Dawn Baudoin	Grand Meadow	Grand Meadow	Mileage Club
Deb Johansen	Clearview Elem	Clear Lake, MN	ME Moves Program
Stephanie Rupp	Paul Bunyan	Bemidji, MN	Spiderweb climbing mat/rope
Ross Peterson	Cannon Falls	Cannon Falls, MN	Gaga pit





What's New for 2014-2015...

Education & Awareness

American Heart Association Branding: life is why. As we embark on our journey and daily mission to motivate, engage and enable people to live better... we invite you to discover your why. Everyone has a reason to live a healthier, longer life. **What is yours?** Maybe it's walking your daughter down the aisle. Watching that perfect sunset with your spouse. Or simply giving your grandchild a big hug. Whatever your why, we encourage you to share it with others and become a catalyst for healthy living. Ask yourself this: what are those moments, people, or experiences that you live for? What brings you joy, wonder, and happiness? Life. Life is why.

Teacher Resource Guide: Lesson plans and posters that will engage classroom teachers in the school to focus on Five For Life in conjunction with health and physical education. Guide includes: **One** 50" x 39" info graphic Five For Life Poster; **Five** 17" x 22" Posters breaking down the five different focus groups; **One** Display pack with **two** experiential learning lesson plans.



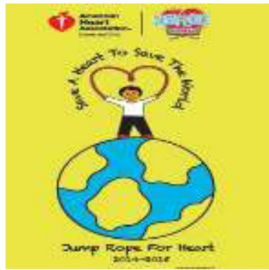
Online Headquarters: Something For Everyone!

As an American Heart Association volunteer you will have exclusive access to this year's online resources that focus on physical activity, healthy eating, not smoking, low sodium and sugar free drinks. You will also find a new "Share Educational Resources" button to forward common core curriculum and experiential lesson plans with other teaching professionals within your school. Online resources include:

- ♥ 5 Experiential Curriculum Pieces
- ♥ 5 Physical Education Games
- ♥ 15 Common Core Reading Passages and Lesson Plans
- ♥ 7 Printable Posters and Display Pack
- ♥ 5 Parent Newsletters

Event Planning & Promotion

New T-shirt Designs: Neon orange HFH shirt and Neon Green JRFH shirt designed by local students. RED OUT shirts promoting Life is Why branding. Jump and Hoops shirts will be poly bagged for easier distribution.

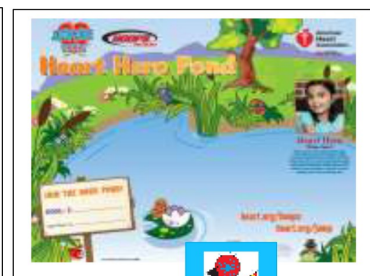


Lifesaver Ducks: Meet our new lifesaver ducks. These ducks are on a mission to educate families about



health and wellness. They also know how to bring FUN into raising funds for lifesaving research.

Managing Lifesaver Ducks: You spoke and we listened! Quacky coupons will now have the homeroom listed on them with a box to check off who turned in a donation and who received Splatter Quacky. We also have a new mobile app that will allow you to track your ducks on the go. Use this simple app to see which students earned and received their ducks. Don't forget to hand out your adoption certificates as ducks are earned. Certificates contain healthy messaging for students to take home and share with loved ones. Lastly, use the new duck pond and stickers to showcase student participation.



Your Family & My Family is why.

Lisa Schweitzer
(414)731-8686

Lisa.Schweitzer@heart.org



Kick off your event with our new promotional videos!

JUMP: <http://youtu.be/MGS7L2xqTxk>

HOOPS: <http://youtu.be/cPR9tkrsGJo>

RED OUT: <http://youtu.be/HLy0onbLTXM>

You Won't Want to Miss This One 2015 Minnesota Shape State Workshop November 13, 2015 Wayzata High School, Plymouth, MN



#mnaahperd14

Jesse Bastyr @jbastyr 11/4/14
New Prague represented at MN State Phy-Ed Conference.
#MNAHPERD14 @isd721

1 retweet 1 favorite

#mnaahperd14

Brian Moorlach @Locker4boys 11/4/14
#MNAHPERD14 Taking a Kids Dance Class with MN Elem Phy Ed Teacher of the Year Brian Ackland #ONE91 #wearevistaview

1 retweet 1 favorite

matt johnson @matty_12 11/3/14
Looking forward to attending and presenting at #MNAHPERD14 tomorrow @Cristina_L7 @mikedoylempls

1 retweet 1 favorite

Brian Moorlach @Locker4boys 11/3/14
#one91 Elem Phy reps at #MNAHPERD14 at Wayzata HS

1 retweet 1 favorite

#MNAHPERD14 Tweets

#mnaahperd14

Breck Mustangs @MustangsPE 11/3/14
Don't always need to be an athlete but have an athletic mindset
#MNAHPERD14

1 retweet 1 favorite

Logan Radle @LoganRadle1 11/3/14
#MNAHPERD14 @chrisfreytag presents on the importance of adopting healthy lifestyle skills #healthyeating #fitam

1 retweet 3 favorites

Brent Allen @BrentAllenPE 11/3/14
@chrisfreytag thanks for reaffirming the time we take of ourselves. #meditation #MNAHPERD14

1 retweet 2 favorites

Sarah Wagar @sarahwagar11 11/3/14
Awesome session about taking care of yourself @chrisfreytag #MNAHPERD14

2 retweets 3 favorites

Phil White @PhilWhitePhysEd 11/3/14
@chrisfreytag at #MNAHPERD14 session is full of valuable info! Check out the app @Fooducate to improve healthy eating! #PEGeeks #physed

1 retweet 1 favorite



More Conference Highlights!



Meet the 2014-15 MN SHAPE Board of Directors

Executive Committee

Sue Tarr – President – starr@stcloudstate.edu
 Mike Doyle – President Elect – Michael.doyle@wayzata.k12.mn.us
 Vicki Johnson – Secretary – vjohnson@arvig.net
 Jeremiah Hinkemeyer – Treasurer – moorhead18@hotmail.com
 Nancy Christensen – Executive Director – nancy1485@gmail.com

Division Leadership

Heidi Mattinen – VP Dance – hmattinen@willowriver.k12.mn.us
 Cyndee Johnson – VP Elect Dance – cjohnson@esko.k12.mn.us
 Peter Westby – VP DAPE – westbyp@westonka.k12.mn.us
 Kay Oling – VP Elect DAPE – katherine.oling@isd709.org
 Jordan Olmscheid – VP Future Professionals – jolmscheid@ogilvie.k12.mn.us
 Carmen Johnon – VP Elect Future Professionals – joca1001@stcloudstate.edu
 Megan McCollom – VP Physical Education – megan-mccollom@rdale.org
 Joe McCarthy – VP Elect Physical Education – jmccarthy@farmington.k12.mn.us
 Tara Storts – VP Health – tara.storts@monticello.k12.mn.us
 Lindsay Leko – VP Elect Health – lindsaylleko8@gmail.com
 Julie Knutson – VP Higher Education – Julie.knutson@mstate.edu
 Shannon Norman – VP Elect Higher Education – snorman@bemidjistate.edu
 Aaron Banks – VP Aquatics/Recreation – abanks@gustavus.edu
 Karen Nash – VP Elect Aquatics/Recreation – Karen.Nash@ttsp.org

At-Large Positions

Dolly Strumbel – dolly.strumbel@q.com
 Nadine Moeller – Nadine.moeller7@gmail.com
 Marty Grimes – Martha.grimes@wmep.k12.mn.us
 Sue Bremer – Bremer.sue@cf.k12.mn.us
 Marci Wills – mwills@bhmschools.org
 Mary Cappel – Past President – mary.cappel@winona.k12.mn.us

Coordinators

Sandy Hasse – Hoops for Heart – shassil@isd77.k12.mn.us
 Amy Kaiser – Jump Rope for Heart – eakaiser@msn.com
 Sue Bremer – Let's Move Active Schools – bremer.sue@cf.k12.mn.us
 Vicki Johnson – Physical Best Coordinator – vjohnson@arvig.net
 Mary Thissen-Milder – MN Dept. of Ed., Active Schools Coordinator – mary.thissen-milder@state.mn.us
 Recognition Chairs– Sue Bremer – bremer.sue@cf.k12.mn.us &
 Kay Oling – Katherine.Oling@duluth.k12.mn.us
 Conference Manager – Any Hinkemeyer – amyhinkemeyer1@gmail.com
 Newsletter Editor – aknopf@detroitlakes.k12.mn.us

Please feel free to contact any of the above with questions, concerns, ideas.
 We would welcome hearing from you.

**2015 SHAPE AMERICA
NATIONAL CONVENTION & EXPO
MARCH 17-21, 2015**

**605 feet of open steel legs with subtle curves,
A spidery delicacy,**

A flying saucer and a center of gravity 5 feet above ground

SEATTLE, WASHINGTON

Register on or before January 15, 2015 and save with early-bird rate.

**Visit www.shapeamerica.org/convention for session topics,
keynote speakers, registration and housing information**

Scholarship Opportunities

MN SHAPE awards three different scholarships throughout the year for students in undergraduate and graduate school. These are: the Future Professionals Conference Travel Scholarship Award, Mary Lampe Scholarship, and the Trish Meek Developmental Adapted Physical Education Scholarship. Applications will be included in the next newsletter. Please encourage students and professionals alike to apply for the appropriate scholarships.

Future Professionals Conference Travel Scholarship: This scholarship is awarded to full-time undergraduate students majoring in the field of health, physical education, recreation, or dance to assist them in traveling to conferences.

Due December 12, 2014

Application is on pages 16-17

Mary Lampe Scholarship: The Mary Lampe Scholarship is awarded to professionals, full time undergraduate and graduate students for their quest to enhance professional educational development. The establishment of this award was to honor and recognize the outstanding efforts, services and contributions of Mary Lampe, who retired from the Health, Physical Education, and Recreation Department at the University of Minnesota, Minneapolis.

Due February 13, 2015

Application is on pages 18-19

Trish Meek Developmental Adapted Physical Education Scholarship: Trish Meek DAPE Scholarship is awarded to full-time undergraduate student(s) pursuing licensure in Developmental Adapted Physical Education (DAPE).

Due February 13, 2015

Application is on pages 20-21



ELLEN CROMWELL-CERCLE STUDENT CONFERENCE
TRAVEL SCHOLARSHIP
Minnesota Society of Health and Physical Educators (MN SHAPE)

Application Due December 12, 2014

Criteria for Selection:

1. Scholastic proficiency
2. School, community, professional activity/service
3. Character attributes

Criteria for Application:

1. Applicant must be a current member of MN SHAPE and a member of AAHPERD, or be willing to join, if selected.
2. Applicant must be majoring in the field of health, physical education, recreation, or dance.
3. Applicant must have a minimum grade point average of 3.0 overall on a 4.0 grade point scale.
4. Applicant must be at least sophomore class standing at the time of application.
5. Applicant must attend a college or university within MN SHAPE.
6. Applicant must be first time Ellen Cromwell-Cercle Student Travel Scholarship Award winners.
7. Applicant should have evidence of contribution to their:
 - Major department
 - Involvement in university organizations
 - Community
 - And/or individual accomplishments/honors/awards
8. Two letters of recommendations
9. Recipient(s) shall present a **written report/summary of the benefits derived through this experience**. This can be a report to the board of directors, an article for MN SHAPE newsletter *Loon Lines* or a presentation (individual or group) at the MN SHAPE state conference.
10. Recipient(s) shall provide an **itemized written financial report** – including original receipts.

Award: This scholarship is up to \$200.

ELLEN CROMWELL-CERCLE STUDENT CONFERENCE TRAVEL
SCHOLARSHIP AWARD

Minnesota Society of Health and Physical Educators (MN SHAPE)

APPLICATION FOR UNDERGRADUATE STUDENTS

PLEASE TYPE OR PRINT: All information will be confidential except for the biographical summary that may be used for publication if applicant receives the award.

Name: _____ Date: _____

Home Address: _____

Telephone: _____ E-mail: _____

School Address: _____

Telephone: _____ E-mail: _____

AAHPERD Membership number: _____ Exp Date: _____

MN SHAPE Membership Expiration Date: _____

Student Information:

Institution: _____

Major: _____ Minor: _____

Units Completed: _____ GPA: _____

Anticipated Graduation Date: _____

Please include with application:

1. Two Letters of Recommendation
2. Transcript
3. Resume: Including professional organizations with dates of membership, contributions to major department, university organizations, community, and/or individual accomplishments/honors/awards.
4. Letter to MN SHAPE addressing your professional goals and what conference this scholarship will help you attend. Please be specific in what you intend to spend the money on.

Send completed application by December 12, 2014: to Nadine Moeller, 801 Hamilton Drive, Duluth, MN 55811. Email: Nadine.moeller7@gmail.com or Nancy Christensen, nancy1485@gmail.com

MARY LAMPE SCHOLARSHIP
Minnesota Society of Health and Physical Educators (MN SHAPE)

The Mary Lampe Scholarship is awarded to professionals, full time undergraduate and graduate students, in good standing with MN SHAPE in their quest to enhance professional/educational development. The establishment of this award was to honor and recognize the outstanding efforts, services and contributions of Mary Lampe, who retired from the Health, Physical Education, and Recreation Department at the University of Minnesota, Minneapolis.

Application Must Be Postmarked By: February 13, 2015

Criteria:

1. The applicant must be a member of MN SHAPE
2. Nominee/applicant must indicate in writing the professional scholarly endeavor for which the finances will be used.
3. Nominee/applicant shall indicate their contributions and/or services to the profession.

Recipients of the award are required to:

4. Present a **written report/summary of the benefits derived through this experience.** This can be a report to the board of directors, an article for MNSHAPE newsletter *Loon Lines* or a presentation (individual or group) at the MN SHAPE state conference.
5. Provide an **itemized written financial report** – including original receipts.

Scholarship Amount: \$250 - \$500

***Award is presented at the MN SHAPE Fall Convention.

Application for Mary Lampe Scholarship

Date: _____

Name: _____

Home Address; _____

City: _____ State: _____ Zip Code: _____

Home Telephone: _____ E-mail : _____

MN SHAPE Membership Expiration: _____

Amount you are requesting: _____ (up to \$500.00)

If you are applying as a Professional Member:

Your Title: _____

School, College/University Address:

Area/ Specialty: _____

If you are applying as a Student:

College/ University: _____

Major: _____

Year in School: _____ GPA: _____

Working toward a degree in: _____

Please submit with application:

1. Resume
2. Two letters of Recommendation
 - Professionals: One from a colleague and one from an administrator
 - Future Professionals: Two professors
3. Essay describing
 - Contributions/ services to your profession
 - The purpose for which the scholarship would be used for your professional enrichment during 2014-2015.
 - How you expect this experience to assist you in your professional development.

Send completed application, letters of recommendation, and resume by Feb. 13, 2015 to Nadine Moeller, 801 Hamilton Drive, Duluth, MN 55811. Email Nadine at nadine.moeller7@gmail.com

**TRISH MEEK DEVELOPMENTAL ADAPTED PHYSICAL
EDUCATION SCHOLARSHIP**
Minnesota Society of Health and Physical Educators (MN SHAPE)

Trish Meek DAPE Scholarship is awarded to full-time undergraduate student(s) pursuing licensure in Devopmental Adapted Physical Education (DAPE).

APPLICATION MUST BE POSTMARKED BY: FEBRUARY 13, 2015

Criteria for Scholarship:

1. The applicant must be a MN SHAPE member
2. At least one-half of the DAPE licensure courses in respective approved Minnesota Board of Teaching DAPE Licensure program must be completed prior to applying for this scholarship.
 - You may be currently enrolled prior to the application, meaning that half of your courses would be completed in the semester of application.

Recipients of the award are required to:

1. Present a **written report/summary of the benefits derived through this experience.** This can be a report to the board of directors, an article for MN SHAPE newsletter *Loon Lines* or a presentation (individual or group) at the MN SHAPE state conference.
2. Provide an **itemized written financial report** – including original receipts.

Scholarship Amount: \$250 - \$ 500

***Award is presented at the MN SHAPE Fall Convention.

**Application for Trish Meek Developmental Adapted Physical Education
Scholarship**

Name: _____

Home Address: _____

City: _____ State: _____ Zip Code: _____

Home Telephone: _____ E-mail: _____

College/ University: _____

Year in School: _____ (undergraduate student) GPA: _____

Application for Trish Meek Developmental Adapted Physical Education Scholarship

Number of DAPE courses completed at time of application: _____

Number of DAPE courses required for licensure: _____

Tentative date of completion of DAPE licensure: _____

Name of your advisor: _____

Advisor's Address: _____

MN SHAPE Membership Expiration Date: _____

Letter of recommendation will be coming from:

_____ (DAPE coordinator)

_____ (Faculty member)

Amount you are requesting: _____ (up to \$500.00)

Please submit with application:

1. Resume
2. Transcript: Please highlight the DAPE courses on the Transcript
3. List of all required DAPE courses to complete licensure at your institution
4. Two letters of recommendation
 - a. One from the DAPE coordinator at your institution
 In this letter, have your DAPE coordinator verify the courses you
 have completed and the number of courses remaining.
 - b. One other professional letter from a faculty member at your institution
5. Essay describing:
 - a. The purpose for which the scholarship would be used for your
 professional enrichment during 2006-2007.
 - b. How you would expect this experience to assist you in your profession
 development.

**Send completed application, letters of recommendation, resume, and transcript by
 March 25, 2010 to Nadine Moeller, 4724 3rd Ave. So., Duluth, MN 55803. Nadine
 email is moe1234@charter.net or Nancy Christensen, nancy1485@gmail.com**

MINNESOTA SOCIETY OF HEALTH AND PHYSICAL EDUCATORS

MN SHAPE Executive Director
Nancy Christensen
25673 Muskrat Lake Dr.
Detroit Lakes, MN 56501



MN SHAPE

www.mnahperd.org

**NOVEMBER
2014**

LOON LINES

NOVEMBER 2014

MN SHAPE

MN SHAPE is a school-based professional association that provides professional services and resources for teachers, organizations and individuals to provide quality programs.

MN SHAPE is dedicated to improving the skills, knowledge, health and well-being of all Minnesota Students.

Contact information for MN SHAPE Board of Directors is posted on www.mnahperd.org

MN SHAPE Executive Committee

<i>President</i>	<i>Sue Tarr</i>	<i>(320) 217-2371</i>
<i>President Elect</i>	<i>Mike Doyle</i>	<i>(763) 221-3375</i>
<i>Past President</i>	<i>Jack Olwell</i>	<i>(612) 432-9082</i>
<i>Treasurer</i>	<i>Jeremiah Hinkemeyer</i>	<i>(218) 329-2088</i>
<i>Secretary</i>	<i>Vicki Johnson</i>	<i>(218) 847-5212</i>
<i>Executive Director</i>	<i>Nancy Christensen</i>	<i>(218) 847-9769</i>

The mission of the MN SHAPE newsletter is to inform health, physical education, recreation, and dance professionals in Minnesota about their professional organization's activities and the opportunities available for participation. If you have questions, concerns or comments on the contents or layout of this newsletter please email

Amy Knopf at aknopf@detlakes.k12.mn.us.

You can also access this newsletter in PDF format on the web at www.MNAHPERD.org