

Loon Lines



VOLUME 11, ISSUE 3

For more information about MNAHPERD, please visit our website at www.mnahperd.org or the national site at www.aapherd.org



MNAHPERD

September 2013

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Message from the President

Jack Olwell



As the next academic year begins to unfold, my year in the saddle as MNAHPERD president is coming to a close. Despite some significant improvements there is much yet to be accomplished. We have and will continue to face opposition from policy makers. The good news? We can provide solutions that no other approach can. We have been blessed with solid leadership and have added several great new Board members who will infuse new ideas and enthusiasm into the organization. It is important to have a balance between young and veteran teachers to fuel the charge. We invite you to submit possible candidates who can help lead us in this great endeavor. While there may not be anything special about any one of us there is something very special about our profession and its impact on students. Because of that and the mounting evidence of the crucial role we play as health and physical educators it is more important now than ever that we join together to accomplish corporately what we cannot achieve on our own. That is why your membership gives us a stronger voice and your efforts to ensure quality PE is our best advertising when advocating for change. You are the agents of change. Your work refutes the flawed perception of Physical Education. There is coming a time when all else has been tried and quality physical education will become the recognized solution to many of the health and academic problems we face. My appeal to all MNAHPERD members is to bring your colleagues into the organization so that we might become a stronger voice for change.



Health / Physical Education



Professional Development in Physical Education

Ben Tressel

I recently made a career change, moving from a focus on Physical Education and Health Curriculum and leadership to a position as a Professional Development Coordinator. A big reason I made this choice is to satisfy my need to continue to improve and my goal of impacting student growth and achievement. One of the two largest factors in raising student achievement is quality of instruction. The demands on our educational system are growing and changing daily. Our practice of teaching needs to be improving at a faster rate to provide for our students.

Professional Development is the only path to improved instruction. That may seem like an outlandish statement, but it is fact. One reason that educators and our communities may disagree with that statement is that many of us have a misconception of what Professional Development is. The first thing we think of when we use the term Professional Development is of formal processes such as conferences, seminars, courses, or formal work teams. According to Learning Forward, a national leader in educational PD, informal contexts such as discussion, independent reading, observations of others, or peer collaboration can also be examples of professional development.

Our students, our opportunities to educate, our curriculum, and even our standards are changing in physical education. We need to work together to prepare to be our best under new circumstances. We need to talk, share, and learn together.

There are great opportunities for PD in the near future to improve your skills, build your toolbox, and problem solve with colleagues.

- Many school districts are creating learning teams and PLCs (Professional Learning Communities)
- Education MN Conference Oct. 17-18
- Gopher PE Summit. Oct 17
- MNAHPERD conference on November 7th and 8th (with many fabulous presenters)

These are examples of formal PD. You need to look for the informal on your own. Follow twitter, talk to a colleague, observe a classroom teacher, share a lesson plan, review a common assessment, reflect on a lesson, or introduce yourself to a MNAHPERD member. Any opportunity you take to improve the way you teach will have an impact on your students. It is your responsibility to provide the best education possible.

If you are interested in finding more Professional Development opportunities specific to Physical Education in MN, please visit the www.MNAHPERD.org

“Never neglect and opportunity for improvement.” – Sir William Jones

Fall DAPE Professional Development Opportunities

Mike Doyle – VP of DAPE Division – MNAHPERD

Every year the MNDAPE Leadership Committee puts together its annual Minnesota State Adapted Physical Education conference. This year is the 38th annual MNDAPE Conference and it is going to be held for the 2nd consecutive year at Camp Friendship outside of Annandale, MN on September 26th – 27th. This year's Keynote speaker will be Dr. JoAnne Owens-Nauslar. Dr. Jo has been Past President of NASPE, AAHPERD, and is currently the Vice President of Partnerships for GeoMotion Group, INC. Dr. Jo is a firm believer that Physical Education should be included in a student's core day and that all students need to "move to improve." Her keynote address is titled "Be a Possibilitarian."

Some of the other featured speakers at the MNDAPE conference include Dr. Kristi Roth, Adapted PE professor at UW-Stevens Point, who will be presenting two sessions. The first will be "Aligned Activities for Students with Severe Disabilities" and the second will be "The Flipped Gym." Also speaking will be Dr. Garth Tymeson and Dr. Manny Felix from UW-LaCrosse. Their session is titled "Legal issues and Advocacy for School Based DAPE Programs." We also have Dr. Sue Tarr from St. Cloud State that will be presenting a session called "Susie Can't Run, Jump, Hop, or Catch. Now What?"

A session that we have been excited for all summer is "Standardized Motor Tests – Inter-rater Reliability." The attendees will be looking at videos of elementary school aged DAPE students performing the test items from the TGMD-2. After each video we will be using Response Devices to determine how each person in the session scored the test item. It will create some good discussion about how different people score students in Standardized Tests.

Thursday afternoon before dinner you will be able to enjoy your choice of pontoon rides, hayrides, volleyball, swim in the pool, or geocaching. After dinner there will be a movie in the DeGross Center or a bonfire in the amphitheater fire pit.

Friday will include session slots from 8:00-12:00. Some of the choices include "Video Modeling" by Angie Powell from Minneapolis Public Schools, "Music and Movement" by Dr. Debbie Mitchell, "Grab bag of DAPE Activities" by Kay Oling, and Patrick Kasper will be returning for a session titled "Positive Motion Movement."

For information about the 38th MNDAPE Conference go to www.mndape.org for registration materials, maps to Camp Friendship, and the conference schedule. You can also follow MNDAPE on Twitter @MNDAPE for conference updates.

The MNAHPERD Conference on November 7-8 at Wayzata High School in Plymouth, MN will feature the 2011 MNAHPERD Adapted PE Teacher of the Year Heidi Fisher presenting a session titled "What's in the Bag?" and 2012 MNAHPERD Adapted PE Teacher of the Year Mike Doyle presenting a 2 hour session titled "Adventure Education – Beyond Cooperative Activities" which will demonstrate activities for the 7 Stages of Adventure Education and how each of the activities can be modified for students with disabilities. This session will include time on the indoor rock climbing wall or the outdoor ropes course if weather permits. The 2012-2013 Midwest District AAHPERD High School Teacher of the Year Jo Bailey from Wausau, WI will also be presenting 2 sessions. Jo also teaches Adapted PE at her high school DC Everest.

There are many exciting events coming up this fall involving Adapted PE in Minnesota. Please take the time attend and learn about new ways to meet the needs of all of your students. Remember "All Good Physical Education is Adapted!"

MN Timberwolves Get Fit Program

Joe McCarthy

My name is Joe McCarthy and I teach Physical Education at Meadowview Elementary in Farmington MN.

Last July, I had the opportunity to share new ways to integrate technology at the Central District Conference in Steamboat Springs, Colorado. Here are a few ways that you could add to your professional development.

1. **Google Hangout** - A free video chat service from Google that enables both one-on-one chats and group chats with up to ten people at a time.

<http://www.youtube.com/watch?v=MNeKvIvjolY&feature=youtu.be>

2. **Twitter** - Instantly connect to what's most important to you.
Follow #PECHAT on Monday evenings and me @JoeMcCarthy09

3. **Google Forms/Surveys** - What information do you want to know from you members/students?

<https://docs.google.com/forms/d/110Qr2LzEhXWLkrcTF9FNs2IGE3TVqxr2klPaVlboxfcg/viewform?pli=1>

4. **PEPLC** - Provide an ongoing support network for physical educators to grow professionally, learn from others and contribute to a community by sharing their knowledge and experiences.

<http://www.peplc.net/>

5. **My PE Website** - Great opportunity to show parents, teachers, students, and admin the importance of what you teach and the value you bring every week to the school experience

<http://www.rschooldtoday.com/meadowviewelementary/phyed/>

MN Timberwolves Get Fit Program is available to any PE teacher who teaches 2nd – 8th grades. Program runs October 15 – December 15.

Email me with further questions

Joe McCarthy

jmccarthy@farmington.k12.mn.us



DAPE Website Information

MNDAPE.org website has the ultimate resource for adapted physical education teachers. It lists all events that are happening at the state level as well as regional workshops. If you don't know what region you are in, it shows you a map to determine that. You also have region representatives. They are listed with their contact information. Email or call them with any questions. The website also has resources such as the MNDAPE Operational Guide, DAPE Tri-Fold, DAPE Laws and Links.

Congratulations to the 2013 MNAHPERD Grant Winners

The following teachers received a \$500 equipment grant last spring. Each teacher is a MNAHPERD member in good standing and has conducted a Jump Rope for Heart or a Hoops for Heart at their school(s).

Kristin Bergerson, Duluth
Mark Clauson, Owatonna
Sheila Hoernemann, Ortonville
Bridget Vesel-Johnson, Esko

Improved jump equipment
LCD projector
Pogo sticks, hopper balls, fitness equipment
Shield Multi-purpose barriers

MNAHPERD awards up to 10 grants each year. Please consider applying for the grant this year. Grants are always due the 15th of February. Online applications are encouraged!



Let's Move Active Schools

Sue Bremer

Dear Minnesota Physical Education Teachers

Welcome to the start of the 2013 -2014 School Year! My name is Sue Bremer and I am the State Representative for Let's Move Active Schools. We would love to have you sign your school up to be one of Minnesota's LMAS.

You may ask, WHY should I sign up, and here are the reasons why.

- By signing up you show that you believe students that are active are better learners.
- You realize that physical education is the core to students being active in schools.
- You realize that there are other areas in the school day where kids can be active such as recess and active classrooms.
- You realize that it is important for kids to be active outside of the classroom such as before and after school day care programs in your school as well as a variety of sports and activities students can participate in your school.

By signing your school up for LMAS, you will receive and be able to tap into valuable toolboxes that can help your school improve all of the areas listed above.

Go to <http://www.letsmoveschools.org/> and sign up today. It just takes about 2 minutes.

Oh, we are also having a contest in the Central District to see which state has the most schools signed up! Minnesota needs you!

Thanks MN Physical Education Teachers!

“Back to school, back to activity”

Tom Johnston; Health Teacher, St. Cloud, MN

As our students arrive back in our classrooms this fall, many will be excited, nervous, curious, scared, or all of the above. The one thing we have to ask ourselves is this: Will they be active? Research has continually proven that after about 20 minutes, students become lethargic and lose their ability to concentrate and retain information. Studies by Max Vercruyssen, PhD, of the University of Southern California, have concluded that “standing up creates more attentional arousal, increases blood flow and oxygen to the brain by 10-15%, and can speed up the processing of information by 5-20%.” Did you hear that? Simply having your students *stand a minimum of every 20 minutes will increase oxygen to their brains by 10-15%. Can you imagine what you could do if they completed a movement based task or went for a short walk?*

You might be asking yourself, “What can I do? I’m a classroom teacher.” Well I’m glad you asked. There are numerous activities that can be completed in the classroom that can go hand in hand with learning. One activity I like to do with my students is what I call “vote with your feet.” During any discussion or debate, rather than have the students raise their hands to vote for something, designate opposite sides of the room as the answers or “sides” of the debate. Have the students get out of their chairs and walk to their choice. From there, you can facilitate a lively discussion and have the students return to their chairs energized, focused, and ready to complete the rest of class.

Another game I enjoy is a formative assessment activity you can use at the end of a topic or lesson. It accomplishes two things: The students get to move and you get feedback on how well the students understand the topic. Each student takes a half sheet of paper and writes one fact from class. Have them crumple the paper up and toss into the middle of the room. Everyone will move to get a new piece of paper. Have them read the fact to themselves and then choose one person to read their fact out loud. Each student who has a similar or matching fact will then sit down. Repeat the process until all of the facts have been read. Students will not only move throughout the activity, but the main topics from class will be reviewed and reinforced.

The final activity that I will share is called the “opposite hunt” (as opposed to a scavenger hunt). You could use this activity as a review game or possibly for vocabulary words. Have half of the class write down vocabulary word and the other half can write the definition. Collect the cards, shuffle them, and then pass one card to every student. Have the students move around the room until they find the matching pair of cards. Repeat as many times as you think is necessary.

By no means is this a comprehensive list of classroom activities that can help your students. There is a plethora of resources available to teachers with ideas such as these to help with movement in the classroom. I would encourage you to find new movement ideas that work for you, your students, and the space you have available. I would also encourage you to share these ideas and the concept of movement in the classroom, with teachers in other subjects. These same things can be applied to a math or reading class just as easily.

I want to leave you with a quote from Dr. John Ratey, renowned expert and author on the subject of exercise and the brain. In an interview with nbcnews.com, Dr. Ratey stated "Exercise in many ways optimizes your brain to learn." Whether that means a 50 minute physical education class, a 20 minute walk, or a 5 minute activity in the classroom, we owe it to our students to keep them moving and active throughout class and throughout the day.

Welcome Back!

Sue Tarr, MN AHPERD President-Elect

Welcome back to yet another exciting school year! I want to share a few things to make your school year start more smoothly. First, there are new national Physical Education Standards (<http://www.aahperd.org/naspe/standards/nationalStandards/>) and a group of MN teachers this summer started to revise our state physical education standards to parallel the national standards. Stay tuned for the release of our revised physical education standards! Second, be sure to check out NASPE's Teacher Toolbox (<http://www.aahperd.org/naspe/publications/teachingTools/toolbox/>) for strategies to start off your semester. Third, we have a jam-packed fall conference just waiting for you. Be sure to save the dates, November 7-8 at Wayzata High School! Finally, our national organization (AAHPERD) is moving full speed ahead with the new Presidential Youth Fitness Program (<http://www.presidentialyouthfitnessprogram.org/>) and Mrs. Obama's Let's Move! Active Schools program (<http://www.letsmoveschools.org/>). We will have computers available at the fall conference for you to sign your school up – there are LOTS of opportunities in both of these programs for you and your students! Come and take advantage!

In preparation for the upcoming election for positions on the Board of Directors, I encourage each of you to consider running for a position on the Board. If you are interested in serving on the Board, email me your contact information. Here are the positions:

Division Vice President Elects:	Region Representatives:
• Future Professionals	3
• Dance	4
• Health	10
• Higher Education	11W
• Physical Education	
• Aquatics/Recreation	President Elect

We also have a number of Standing/Ad Hoc Committees you could serve on:

- State Conference Planning Committee
- Finance Committee
- Foundations Committee
- Legislative/Advocacy Committee
- Membership Committee
- Nominations Committee
- Public Relations Committee
- Recognition/Awards Committee
- Professional Development Projects Committee
- Future Professionals Coordinator
- Jump Rope for Heart Coordinator
- Hoops for Heart Coordinator
- Newsletter Editor
- Exhibit Committee Coordinator
- Minnesota Department of Education
- Physical Best Coordinator
- Technology Committee

I am honored to serve MNAHPERD as your President-Elect. Please contact me (sjtarr@stcloudstate.edu) with issues, projects, or questions about Health, Physical Education, DAPE, Recreation, & Dance.

Celebrating American Indian History, Culture and Language through Dance

Carol Conkell, Past VP of Dance

Last April I took advantage of a valuable workshop offered through the Perpich Center for Arts Education, titled *Minnesota American Indian Dance: Implementing the K-12 Standards with Artistry and Respect*. The workshop was led by Darlene St. Clair, Director of the Multicultural Resource Center at St. Cloud State University, and visiting professor at the University of Minnesota, where she teaches Dakota Culture and History. The workshop looked at people's perceptions of American Indians, the related K-12 Standards, the contributions of Minnesota American Indian tribes and communities, and Native American dance. The 2007 legislation that provided the motivation for the workshop stated that:

“...the contributions of Minnesota American Indian tribes and communities be included during the revision of required academic standards.” All academic areas revised after this 2007 legislation must include “the contributions of Minnesota American Indian tribes and communities.”

Dance and Physical Educators should be aware of the K-12 Dance Standards that stems from the above legislation. Specific to Dance, the K-12 Standard requires students to “demonstrate understanding of cultural and historical contexts of dance, including the contributions of Minnesota American Indian tribes and communities.” Demonstrating understanding means that students are able to identify, discuss, explain or analyze dance in Minnesota American Indian tribes and communities. This particular standard is met through thinking and reasoning types of learning, not through skills such as demonstrating a dance. Hence, the workshop focus included topics and discussion on:

- What does the standard mean for K-12 Dance Specialists and schools?
- How can teaching artists and dance companies working in the schools help students understand dance in cultural and historical contexts?
- How does dance figure into Anishinaabe and Dakota artistic and cultural expression?

One model lesson presented at the workshop addressed the cultural influence and meaning behind the Powwow. Most of us in Dance or Physical Education have been exposed to the Native American Friendship Dance, and possibly have taught this dance to our students. However, did the students really understand the meaning of this dance or know who is allowed to participate in this dance at a Powwow? Did they learn the cultural meaning of the Grand Entry or about the drumming and singing which provides the music for the Powwow? Participants in the workshop learned these things, and were treated to a live demonstration of drumming and dancing performed by the Red Tree Drum Group and dancers.

I highly encourage physical education and music teachers to take this interactive workshop which was provided by the Perpich Center. It was not only informational, but thought-provoking and enjoyable. If you or your district is interested in learning how to appropriately implement content that addresses the above standards, please contact Diane Aldis or Barbara Cox from the Perpich Center.

Following are links to the workshop, standards and resources. The site also provides a link to sample lessons and tools. One such lesson asks students to compare and contrast two videos of the Fancy Shawl style dancing.

<https://sites.google.com/a/pcae.k12.mn.us/mn-american-indian-dance/home>

Excerpt from MN Academic Standards in the Arts – K12 Dance:

Strand I: Artistic Foundations

Standard 3: Demonstrate understanding of the personal, social, cultural, historical contexts that influence the art areas.

0.1.3.1.1. Identify the characteristics of dance from a variety of cultures including the contributions of Minnesota American Indian tribes and communities. (Gr. K-3)

4.1.3.1.1. Describe the cultural and historical traditions of dance including the contributions of Minnesota American Indian tribes and communities. (Gr. 4-5)

6.1.3.1.1. Compare and contrast the connections among works in dance, their purposes and their cultural, historical and social contexts, including the contributions of Minnesota American Indian tribes and communities. (Gr. 6-8)

9.1.3.1.1. Analyze how a work in dance influences or is influenced by the personal, social, cultural and historical contexts, including the contributions of Minnesota American Indian tribes and communities. (Gr. 9-12)

Link to all K-12 Dance Standards: https://docs.google.com/document/d/1ewqaqIOYKdoqoszlrTtrBF_gE2CCSm5sUnYxNXof6cw/edit?usp=sharing

Contacts:

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MN State Dance Education Coordinator

Perpich Center for Arts Education

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Perpich Center for Arts Education

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Phone: 763 279-4184

Iyekiyapiwin (Darlene St. Clair)

dstclair@stcloudstate.edu

**SAVE THE DATE!!!****MNAHPERD STATE CONFERENCE**

On Line Registration Begins August 1, 2013

“Teaching Learners to Think on Their Feet”

Wayzata High School

4955 Peony Lane, Plymouth, MN 55446

Conference – All day Thursday & Friday

Awards Celebration, Thursday Evening

Thursday, November 7 & Friday, November 8, 2013

**Registration form
on Page 11**

MNAHPERD Fall Conference Information

Mary Cappel, MNAHPERD Past-President

Plans are in the final stages for the MNAHPERD Fall Conference to be held on November 7-8, 2013 at Wayzata High School at Plymouth, MN. This year's theme uses the tag line associated with MNAHPERD for many years: **"Teaching Learners to Think On Their Feet!"** We thought it was very appropriate to current trends in physical education—who knew how far ahead of their time the original creators of that slogan were!

We are honored to bring in some very special keynote speakers and session presenters!

~ **Dr. Jayne Greenberg** is the Director of Physical Education and Health Literacy for the Miami-Dade Public Schools. She is recognized for developing one of the best programs in the country. Currently her primary responsibilities include supervising Physical Education, K-12 Health Education, Safety Education, HIV/AIDS Education, Adapted Physical Education, Sports Program for Students with Disabilities, Learn to Swim Program, and Special Projects. In 2005 she was recognized by NASPE as the National PE Administrator of the Year. Dr. Greenberg also serves on the President's Council on Fitness, Sports and Nutrition, and recently published a book, "Developing School Site Wellness Centers."

~**Clayton Ellis** currently teaches physical education at Aurora Central High School in Aurora, CO. He was selected as the 2010 NASPE High School Physical Education Teacher of the Year, and earned the AAHPERD Honor Award at the 2013 Charlotte National Convention for his efforts in advocating for and promoting quality physical education. Clayton was recently elected as President of the Colorado Governor's Council for Physical Fitness, and will bring outstanding ideas for the middle and high school teacher looking for new, innovative teaching methods.

~Games throughout the centuries are **Mike Spiller's** interest. Mike was a popular presenter at our conference in 2010 and folks have been asking to bring him back. He travels the world to find innovative and stimulating game data for his summer camps, teacher in-services and Games of the World workshops. He has worked with hundreds of schools and youth organizations in the U.S. and worldwide. His varied experience, vast knowledge, enthusiasm, and leadership abilities make him one of America's most outstanding recreational leaders. <http://msgow.com/>

~ In addition, our presenters include Midwest District AHPERDD Secondary Teacher of the Year from Wisconsin, **Jo Bailey**, current Minnesota Teachers of the Year **Mike Doyle**, **Jason Karn** and **Joe McCarthy**, as well as a multitude of terrific teachers and experts in their fields from across our state.

Wayzata High School is a fabulous facility that offers our presenters and attendees 3 large gymnasiums, wrestling room, classroom with full technological support, commons space, cafeteria, auditorium, vendor area and full WiFi access! Over 50 sessions will be available with topics ranging from the new 2013 Minnesota Physical Education Standards, to technology use in the classroom and gymnasium, games, fitness, activity, assessment, advocacy, dance, health, nutrition, activity breaks and more. Thursday sessions will run from 8:00 am-4:00 pm followed by our awards celebration at 6:00 pm, and Friday sessions from 8:00 am-1:00pm.

We are looking forward to a great conference this fall. Membership information and Conference Registration will be found on our website, so go to www.mnahperd.org for further information.

Please plan to join us!

If you have questions, please feel free to contact me.

Mary Cappel, MNAHPERD Past-President and 2013 Conference Chair

mary.cappel@winona.k12.mn.us

“TEACHING LEARNERS TO THINK ON THEIR FEET”
MNAHPERD FALL CONFERENCE REGISTRATION FORM
NOVEMBER 7 & 8, 2013
Wayzata High School & Crowne Plaza Minneapolis West
 4955 Peony Lane, Plymouth, MN 55446
 Crowne Plaza Minneapolis West – 3131 Campus Drive, Plymouth, MN 55441
 Phone: 763-559-6600 Fax: 763-559-7516
 Reservations: www.CPplymouth.com

Postmark Deadline for Advanced Registration is October 25, 2013
Hotel Reservations are due before Wednesday, October 16, 2013
(Room rate of \$99.00 which includes breakfast for two)

Please Print or Type Clearly _____

First Name _____ Last Name _____

Mailing Address _____

City _____ State _____ Zip _____

Phone (H) _____ (O) _____ Are you a MNAHPERD Member? _____

School/State _____

Email address _____

Cancellation Policy: All pre-registration cancellations must be requested in writing before Friday, October 25, 2013. A \$5.00 processing fee is assessed to all cancellations received by October 25, 2013. Faxes and emails are acceptable. No refunds will be made after Friday, October 25, 2013. Please email or fax Nancy Christensen at nancy1485@gmail.com or 218-846-2416 (fax).

REGISTRATION (Check one)	Advanced (Before 10/25/13)	On-Site (After 10/25/13)	Indicate Amount:
____ Professional MNAHPERD Member (1 Day)	\$ 90.00	\$105.00	_____
____ Professional MNAHPERD Member (2 Day)	\$125.00	\$140.00	_____
____ Professional Other State Member (1 Day)	\$ 90.00	\$105.00	_____
____ Professional Other State Member (2 Day)	\$125.00	\$140.00	_____
____ Student Professional Member (1 & 2 Day)	\$ 50.00	\$ 65.00	_____
____ Retirees (1 & 2 Day)	\$ 50.00	\$ 50.00	_____

MNAHPERD AWARDS/RECOGNITION CEREMONY

6:30 Thursday, November 7, 2013, Best Western Plus Kelly Inn # _____ @ \$10.00
 2705 North Annapolis Lane, Plymouth, MN

Social Ticket Cost After Monday, October 25, 2013 # _____ @ \$15.00

(If you are an award winner you will receive 2 tickets at no cost. For additional tickets please mark above)

Payment Method (Please Check One)	** Credit card payments only available through online registration. Please visit the MNAHPERD website for more detailed information: www.MNAHPERD.org Name you would like on badge:	Office Use Only
Personal Check _____		Amount Received _____
School Check _____		Date Received _____
Company Check _____		Received by _____
Money Order _____		Check Number _____
Cash _____		Other Information: _____
Other _____		
Total Amount Enclosed _____		

*****Make checks payable to MNAHPERD

Mail to: Nancy Christensen, 25673 Muskrat Lake Dr., Detroit Lakes, MN 56501

Please Note: Purchase Orders will NOT be accepted. All registration & membership fees must be paid in full by conference day. If school check has not been received, personal check will be required and held until school check has been received.

Here are FIVE reasons why it is imperative that you become a member of MNAHPERD association!

1. MNAHPERD is a leading advocate for Health, Physical Education and DAPE teaching jobs!

MNAHPERD will advocate for status within our profession. In 2010, MNAHPERD worked with the American Heart Association and hired lobbyists to pass the MN Physical Education standards. MNAHPERD knows our jobs and requirements to meet our Health and Physical Education needs were not met with this major accomplishment so MNAHPERD will not stop there! In 2011, MNAHPERD will continue the relationship with the American Heart Association and in addition to that relationship MNAHPERD will hire our own lobbyists to advocate for more! We need Physical Education graduation requirements in our schools. We need language requirements and support for Physical Education license teacher specialists to teach Physical Education in our schools. We need each child to have daily Physical Education in their school day. We need MN Health Education standards. We need Health Education graduation requirements. We need language requirements and support for Health Education license teacher specialists to teach Health Education in schools. We need each child to have more Health Education support in their school day.

Remember it is not just the responsibility of the MNAHPERD members to do the advocacy for ALL Physical Education/DAPE and Health Education teachers in Minnesota. We need everyone to support our Profession. Become a member if you are not one now! MNAHPERD has and will continue to support your job; to do this we need your membership!

2. When you attend MNAHPERD workshops, you will be given the opportunity to receive CEU's towards your re-licensure. Our goal is for all 13 regions to have 1 workshop every year.

3. You will have the opportunity to observe and participate in workshops and sessions conducted by the state's best presenters.

4. Scholarship and grant opportunities are available through MNAHPERD to MNAHPERD members.

5. Being a MNAHPERD member gives you the opportunity to be honored in our state for your great service and commitment to our profession.

Do you want to do more? MNAHPERD will assist you in promoting your own workshop in your region!

FIVE Keys to a successful workshop:

1. Design a theme
2. Find a location
3. Find presenters
4. Provide CEU's
5. Make it fun!

As a MNAHPERD member, you can be a part of this!



MNAHPERD Membership Form (or register online at www.mnahperd.org)

Name (first, middle, last) _____

Home Address _____

Home City _____ State _____ Zip _____

Home Telephone _____

School where you work _____

School District in which you work _____

Work Address _____

Work City _____ State _____ Zip _____

Work Telephone _____

Email Address _____

of years in HPERD Profession _____

Areas of responsibility (circle all that apply): Advocacy, Agencies, Aquatics, Athletics, Curriculum, Dance, DAPE, Exercise Science, Health, Recreation, Retired, Physical Education, Sport Management, Other: _____

Level of responsibility (circle one): Community College/University, Early Childhood, Elementary, Middle School/Junior High, High School

Membership Categories (select one)

	Membership Fee (annual/includes processing fee)
Professional Member	<input type="checkbox"/> \$30.00
JRH/HFH Coordinator	<input type="checkbox"/> \$20.00 (\$10 discount off professional membership for coordinators)
Student Member	<input type="checkbox"/> \$15.00 College attended full-time: _____
Retired Member	<input type="checkbox"/> \$15.00 Year Retired: _____
Associate Member	<input type="checkbox"/> \$30.00
Lifetime Member	<input type="checkbox"/> \$600

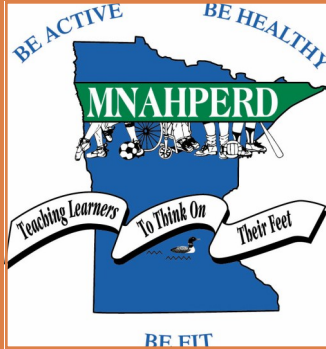
Payment Method

- Personal Check (**Make check payable to MNAHPERD**)
 Institutional Check (**Make check payable to MNAHPERD**)

Mail to: Nancy Christensen
 25673 Muskrat Lake Drive
 Detroit Lakes, MN 56501
 218-847-9769 (Home Phone)
 Fax to: 218-846-2416

Questions: Call Nancy Christensen at 218-847-9769 or email nancy1485@gmail.com

MNAHPERD Executive Director
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www.mnahperd.org

Loon Lines

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MNAHPERD

MNAHPERD is a school-based professional association that provides professional services and resources for teachers, organizations and individuals to provide quality programs. MNAHPERD is dedicated to improving the skills, knowledge, health and well-being of all Minnesota students.

Contact information for MNAHPERD Board of Directors is posted on www.mnahperd.org

MNAHPERD Executive Committee

President	Jack Olwell	(612) 432-9082
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Secretary	Vicki Johnson	(218) 847-5212
Executive Director	Nancy Christensen	(218) 847-9769

The mission of the MNAHPERD newsletter is to inform health, physical education, recreation, and dance professionals in Minnesota about their professional organization's activities and the opportunities available for participation. If you have questions, concerns or comments on the contents or layout of this newsletter please email

Amy Knopf at aknopf@detlakes.k12.mn.us.

You can also access this newsletter in PDF format on the web at www.MNAHPERD.org