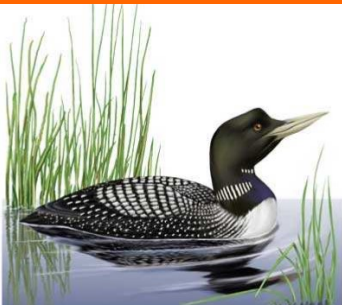


WHY JOIN MNSHAPE?



Are you interested in health, physical education, recreation or dance? Do you have passion and commitment for physical activity and wellness? Do you believe we can do more to help others and better prepare students for a lifetime of health and physical activity? Do you want to join the advocacy efforts of other dedicated professionals to pave the way toward a healthier generation of individuals? Do you believe in the power of NUMBERS?

WHY Join?

- Members receive a \$1,000,000 General Liability Insurance Policy (more details in newsletter)
- Scholarship and grant opportunities
- Opportunity to be recognized as a State Teacher of the Year in health, physical education (elementary, middle, high school), dance and DAPE
- State recognition and honor awards
- Dynamic state conference featuring outstanding sessions with CEU credits, exciting social events and excellent exhibitors
- Reduced or free rates to MNSHAPE sponsored workshops and clinics
- MNSHAPE Newsletter Loon Lines
- Regular email updates on professional issues
- Advocacy – MNSHAPE provides a voice for HPERD professionals about issues at the local, state and national levels, and keeps members informed with the latest information about programs
- Leadership and service opportunities are offered for officer involvement and committee participation

Join MNSHAPE!

For more information, visit www.mnshape.org, or contact Nancy Christensen, Executive Director of the Minnesota Society of Health and Physical Educators (MNSHAPE) or any of the officers listed on our website.

MNSHAPE Mission Statement

MNSHAPE is a school-based professional association that provides professional services and resources for teachers, organizations, and individuals to provide quality programs. MNSHAPE is dedicated to improving the skills, knowledge, health, and well-being of all Minnesota students.

JOIN TODAY AT WWW.MNSHAPE.ORG

For more information about MNSHAPE, please visit our website at www.mnshape.org or the national site at www.shapeamerica.org.

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MINNESOTA SOCIETY OF HEALTH AND PHYSICAL EDUCATORS



Loon Lines

MESSAGE FROM THE PRESIDENT

Megan McCollom



Welcome to a new school year! I hope you were able to use your summer to relax, enjoy some time with your family and friends, and look for ways to improve your curricula. If you did not spend your summer looking for fun and exciting new games and ideas to implement into your curricula, then you are in luck! There are two wonderful opportunities coming up to network with like-minded individuals at the Minnesota DAPE Conference and the MNSHAPE Conference.

The DAPE Conference will be held at Camp Friendship in Annandale, MN on Thursday, September 27th and Friday, September 28th. To register for the conference, go to <http://www.mndape.org/registration.html>. For more information about the DAPE Conference, go to <http://www.mndape.org/fall-conference.html>. The MNSHAPE Conference will be held at Wayzata High School in Plymouth, MN on Thursday, November 8th and Friday, November 9th. To register for the conference, go to <http://www.mnshape.org/registration.html>. For more information about the MNSHAPE Conference, go to <http://www.mnshape.org/conference-schedule.html>. Both conferences will have a college cup for future professionals to be able to compete against each other. Be sure to check out the conference schedules to see what the amazing presenters have to offer.

The Minnesota Department of Education (MDE) will have representatives at both conferences to discuss the implementation of the new state physical education standards. MDE continues to work with MNSHAPE through the Physical Education Standards Leadership Team. The team has been coming up with ways to help you all implement the new state standards along with creating trainings that will be provided throughout the state. Be sure to keep an eye out for updates from MDE and MNSHAPE through the MNSHAPE listserv. To join the listserv, text MNSHAPE to 228-28 or email us at minnesotashape@gmail.com.

There are several interesting ways to implement technology into your courses. One way that is becoming very popular not only in the classroom, but also with software and app developers is gamification. Gamification is the process of implementing gaming elements into your curricula. Fitness apps do this by allowing you to challenge your friends, have competitions with your friends, or encourage your friends who use the same fitness apps as you. The easiest way to get started with gamification is by changing the terminology that you use on a regular basis. Using terms like “levels” instead of “weeks”, or “quests” instead of “assignments”, is a simple change that you can make that will get you started on the path to gamification. Using games that are already available and

supplementing the games with other materials will help keep students engaged in your lessons. Gamification has been shown to increase student engagement, increase student motivation, and help students retain information better. If you are interested in learning more about gamification, feel free to contact me via email and I can help you get started.

We are always looking for people interested in joining the MNSHAPE Board of Directors; if you want to help MNSHAPE but you are unable to make the commitment to join the board and attend meetings, you can always join a committee. Please contact me at megan.mccollom@mnshape.org if you are interested in joining the board, joining a committee, or you just want to know more about ways that you can get involved.

Good luck in your new school year and I hope to see you at our MNSHAPE Conference in November! Please feel free to reach out to me if you have any ideas, issues, questions, or concerns for MNSHAPE by emailing me at megan.mccollom@mnshape.org.

MN DAPE CORNER

Kay Oling

I hope everyone is having a great start to the new school year. I'm enjoying my second year of retirement and enjoy getting up late, drinking coffee and reading the paper when all my teacher friends are busy at work. There are two exciting events coming up this Fall that I'm sure you will want to attend.

The first is the 43rd Annual MNDAPE conference: Making A Difference to be held September 27-28, 2018 at Camp Friendship in Annandale, MN. The conference will feature Jody Duff the 2018 SHAPE America Adapted Physical Education

Teacher of the Year. Jody comes to us from Fulton, Maryland where she teaches adapted physical education at Cedar Lane School. Another feature session will be on the new Minnesota Physical Education standards and benchmarks and how DAPE teachers can implement them with their students by Mary Thissen- Milder . There will be many more sessions presented by MNDAPE Leadership committee and other DAPE professionals. To register and see the program sessions go to the MNDAPE website www.mndape.org .

The second event is the

MNSHAPE Fall conference to be held at Wayzata High School November 8-9, 2018. This conference will feature sessions for elementary, secondary and college students and teachers in the fields of Physical Education, Developmental Adapted Physical Education and Health. For registration and session information go to the MNSHAPE website: www.mnshape.org

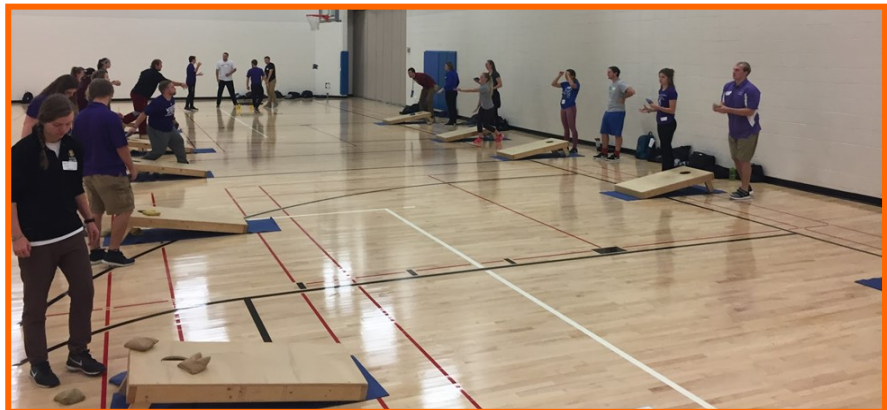
Please consider attending both or at least one of these conferences. Also consider being a presenter at one of these conferences next year.

ATTENTION FUTURE PROFESSIONALS!!

Alex Kvanli and Jacob Morelli

Wondering what sessions to attend at this year's MNSHAPE Conference? Thursday morning you won't want to miss the 3rd Annual College Cup, a friendly school versus school competition. Wits, precision, and control will be tested in Ping-Pong. Geometric prowess and underhand throwing will be put to the test in the social-friendly arena of the Bean Bag Toss. But perhaps the fiercest competition of the morning will be the unlikely fusion of a volleyball and a trampoline: Spike Ball. Do you have what it takes?

Then head over to a classroom Thursday afternoon for the expert panel session, featuring premiere health and physical educators from across the state.



Get the tips, tricks, and inside scoop on what it takes to be successful in health and physical education and beyond. See you there!

For information on how to prepare for the 3rd Annual College Cup or if you have comments, concerns, or questions please contact:

Vice President - Future Professionals
Alex Kvanli
alexander.kvanli@mnsu.edu

Vice President Elect - Future Professionals
Jacob Morelli
jmorelli13@winona.edu

ENHANCE YOUR PROFESSIONAL DEVELOPMENT

Joe McCarthy

Professional development for a teacher is about improving and moving forward. Attending conferences is how you learn to overcome the challenges you are facing in the classroom/gym. It is about acquiring new skills and becoming a better teacher. You will gain confidence by learning best practices and information in our area.

Great teachers help create great students. In fact, research shows that an inspiring and informed teacher is the most important school-related factor influencing student achievement, so it is critical to pay close attention to how we train and support both new and experienced educators.

Of the many subjects children study in school, there may be none more important than physical education. However it must be of high quality and aligned with state/

national standards and guidelines. A high quality physical education program offers children opportunities to develop the skills, concepts, and dispositions needed to be physically active for life. Sufficient, regular physical activity not only helps prevent major diseases but it also promotes learning; reduces stress, anxiety, and depression; and improves overall student wellness. It doesn't matter if the child excels in every other subject in school and grows up to become a successful doctor/lawyer/engineer/etc., with poor health any professional achievement becomes secondary.

It is critical for veteran teachers to have ongoing and regular opportunities to learn from each other. Ongoing professional development keeps teachers up-to-date on new research on how

children learn, emerging technology tools for the classroom, new curriculum resources, and more. The best professional development is ongoing, experiential, collaborative, and connected to and derived from working with students and understanding their culture.

I had an opportunity to attend the Phys Ed Connections Conference on August 7th & 8th at Stillwater High School. They had four excellent keynote speakers as well as many more excellent breakout sessions.

MNSHAPE has their annual conference on November 8th and 9th at Wayzata High School.

Check out the amazing lineup of presenters here, <https://mnshape18.sched.com/>

It's time for you to enhance your professional development!



**CHECK OUT PAGES 6-7 FOR
MNSHAPE FALL
CONFERENCE INFORMATION**

HEALTH DIVISION

Lisa Smith

Happy new school year! Being a health educator is such an honor, just thinking about the immediate impact our content has on our students is certainly remarkable! Sometimes it can be overwhelming to be up to date on the current research, practices and recommendations to support the standards. Have no fear, I am here with three awesome, FREE, resources to inspire you!

First, there is a place where you can ask questions and have discussions with your peers, and in turn help others! Hop into Facebook and search “Health Teacher Central”, it is a public group, and join! There are wonderful people there who post excellent resources, thought provoking questions and answer any question asked! Give it a look! Second, head on over to

CBHPE.org! The site is titled ‘ChromeBooks in Health and Physical Education’ and is managed by Mark and Becky Foellmer. You do NOT have to have a ChromeBook to use this resource, really, all you need is a google drive account! There are so many amazing resources here and it is being updated all the time! The ‘Idea Tank’ is full of hyperdocs, spreadsheets, google classroom info, templates and so much more! You can also find information on Breakouts, which is basically an Escape Room for your lessons, they are really exciting for students! All submissions to the site are by amazing Health and Phys Ed teachers from around the globe! If you have some great things you are proud of, you can certainly share them here! Lastly, let’s talk about Twitter

for a moment. Twitter is an amazing resource, it can be overwhelming, but you have the controls for what you see and do there. Make a twitter account, search #healthed, take a look around and follow all the awesome people on there who are rocking health education! The connections you can make here are amazing, not to mention, it’s pretty cool to geek out when you finally meet one of these people in real life at a conference!

Hopefully you have found something new from one of these resources that you can use immediately in your classroom! See you in November at the MNSHAPE conference, where there will be many awesome Health Ed sessions!

SUMMER HIGHLIGHTS & EVENTS

Sue Bremer

I hope you are all enjoying your first days back to school. I always loved the start of the school year, it was great to see the kids again, most of them were glad to be back and ready to learn.

I have spent the summer attending leadership conferences. The first was the Leadership Development Conference in San Antonio. I attended a lot of great sessions. The second was the Sally Scheere Leadership conference in Sioux Falls, SD. This session

included all the Central District states. Both conferences gave me ideas of what to work on during my presidency.

As you all know SHAPE America and the American Heart Association have dissolved their partnership and in the future SHAPE America will be promoting a couple different fundraising options.

This fall will be exciting as we begin the rolling out of the new Minnesota Standard and benchmarks for Physical Education. I have been

attending meetings this summer and will continue to throughout the coming year. Regional workshops are being planned starting in December. Dr. Mary Thissen-Milder and her standards team will be presenting at both the MN DAPE conference at the end of September and at the MN SHAPE conference in November. We hope you all will join us.

REGISTER NOW FOR

MNSHAPE CONFERENCE

November 8 & 9, 2018

Wayzata High School

SPECIAL GUESTS:

Jen Hoell

2017 Missouri AHPERD & 2018 SHAPE America Central District Health Teacher of the Year

Jen is a physical education teacher at Nipher Middle School in the Kirkwood School District. She is in her 11th year of service and exemplifies the criteria of the exemplary health and physical education teacher as she has consistently provided innovative teaching and assistance in special projects to her students and school, often placing in the Missouri Top 10 schools for the American Heart Association's Hoops for Heart event. Among her most proud personal accomplishments is her family, husband Chris, and their two sons.

Brandon Wolff

2014 Kansas AHPERD & 2015 SHAPE America Central District Middle School Teacher of the Year

Brandon has been teaching physical education and health for 15 years, he currently teaches at Maize South Middle School. As a physical educator, his job inside and outside of the classroom is to promote students to be health physically, mentally and socially. Some accomplishments are 2014 KAHPERD Middle School Teacher of the Year, 2015 SHAPE America Central District Middle School Teacher of the Year and Let's Move in Active Schools National Award winner.

12 Special Sessions

As a part of the developmental phase of the Minnesota Physical Education Standards/Benchmarks Transition Timeline, MNSHAPE is providing a 3-part series to deconstruct the benchmarks for both elementary and secondary levels. Participants will gain a deeper understanding of the benchmarks including the academic language and progressions across grade levels.

REGISTER TODAY!!!

Wednesday, November 7 – Welcome Reception – 6:00-9:00 – Crowne Plaza Minneapolis West

Thursday, November 8 – Registration & Sessions 7:00-5:00, Wayzata High School,

Thursday, November 8 – Awards Celebration 5:30-9:00 – Europa Room, Crowne Plaza

Friday, November 9 – Registration & Sessions 7:00 – 12:00

Early Bird Registration ends on October 12th

Reminder: You must be a MNSHAPE Member to attend

www.mnshape.org



**MNSHAPE FALL CONFERENCE
REGISTRATION FORM**
November 8 & 9, 2018 ♦ Wayzata High School
4955 Peony Lane, Plymouth, MN 55446

Name _____
Address _____
City _____ State _____ Zip _____
Email _____ Phone _____
School Email _____ School Where you Teach _____

Is your MNSHAPE Membership Current, if not be sure to renew? **All memberships expired August of this year.** YES NO
(Must be a member of MNSHAPE or another state organization to attend the conference)

Conference Registration:

- \$125 Early Bird Professional (Due October 12th) \$50 Early Bird Student (Due October 12th)
 \$150 Onsite Professional \$65 Onsite Student \$50 Retired
 \$200 NON MNSHAPE Member (Or other state member)

Early Registration & Social – Wednesday, November 7 at the Crowne Plaza Hotel – 5:30-11:00

Awards Celebration:

Thursday, November 8, 2018 ♦ Crowne Plaza ♦ 6:00pm

FREE TO ALL CONFERENCE ATTENDEES:

- Yes, I will attend. No, I will not attend.

*Award winners are provided with 2 tickets, all other non-member guests the cost is \$10 prior to October 13, \$15 at the door.

PAYMENT

- Check Enclosed (Check # _____) *Please make checks payable to MNSHAPE.*
 Cash

LUNCH

Please check your preference Ham Turkey Veggie

Do you have any special dietary needs?

- Vegetarian Gluten free Other _____

We cannot guarantee accommodations for dietary needs or for lunch for onsite registration.

T-SHIRT SIZE: (unisex sizing) Small Medium Large Extra Large Double Ex Triple Ex

LODGING

A block of rooms have been reserved at the Crowne Plaza in Plymouth, MN at a rate of \$112 with 2 complimentary breakfasts for Wednesday and Thursday. Please contact the hotel directly to reserve your room before **October 10, 2018**. Crowne Plaza Minneapolis West, 3131 Campus Drive, Plymouth, MN 55441, 763-559-6600. Pre-registration (Wednesday) is at the Crowne Plaza Hotel; Awards Celebration (Thursday) is at the Crowne Plaza.

Please return form with payment to: Nancy Christensen, 25673 Muskrat Lake Dr., Detroit Lakes, MN 56501 or register on line at www.mnshape.org

Cancellation Policy: All pre-registration cancellations must be requested in writing before Wednesday, October 31, 2017. A \$5.00 processing fee is assessed to all cancellations. No refunds will be made after Wednesday, October 31, 2018.

FOR OFFICE USE ONLY:

DATE REC'D _____ AMT REC'D _____ REC'D BY _____

A UNIFIED SUMMER WITH THE MN UNITED

Mike Doyle, MNSHAPE Past-President



For 5 years now Special Olympics North America, ESPN, and Major League Soccer (MLS) have partnered to create the Unified Sports Soccer Exchange Program. This program takes students with and without intellectual disabilities together on soccer teams and travel from their home city to other MLS markets to compete in exhibition matches. They also play an exhibition game at their home stadium.

For the past 2 years that the Minnesota United Football Club (MNUFC) has been in existence they have chosen different local high schools to participate in the program. In the summer of 2017 Edina High School was chosen

to represent the MNUFC and in the summer of 2018 it was Wayzata High School.

The partnership began on March 29 with a soccer clinic/tryout at the MNUFC practice facility in Blaine, MN. After the team was chosen the students got to attend a signing day where they signed their contracts with the MNUFC, received their jerseys, and took their press photos. The players had two more training sessions at the MNUFC practice facility before flying out to Denver, Colorado on June 15 for a game vs the Colorado Rapids Unified team on June 16. The two teams attended a Colorado Rockies game on Friday evening, then after spending some time with

the opposing team on Saturday afternoon the two teams had dinner together then attended the MNUFC vs Colorado Rapids match. It was then time for the unified soccer match on the same field as the first match. A lot of the fans from the first match stuck around to watch the unified match including a large group of the Dark Clouds which are the MNUFC supporters group. Unfortunately the Colorado Rapids unified team defeated the MNUFC unified team 6-1 that evening.

After another training session in July the MNUFC unified soccer team played the South Sioux City Unified Soccer team on July 22 at TCF Bank stadium.

The day started at the Mall of America with the two teams getting together for lunch then playing unlimited games at Gameworks for an hour then getting unlimited rides at Nickelodeon Universe for 2 hours. After the Mall of America the two teams had dinner together at Buffalo Wild Wings across from TCF Bank stadium then watched the MNUFC play the Los Angeles Football Club. When the first match was completed the two unified teams played on the same field in front of a lot of fans that stayed. Unfortunately the South Sioux City unified team defeated the MNUFC unified team 4-1.

Two of the MNUFC unified soccer players with also selected to travel to Atlanta and play in the Unified All-Star Game July 30 – August 2. The two MNUFC All-Star players participated in a training session with players from all of the other MLS teams, got to attend the All-Star training session, and played



in a Unified All-Star Match on July 31. All of the players then got to attend the MLS All-Star Match on August 1 at Mercedes-Benz Stadium.

I would like to thank Special Olympics Minnesota and the MNUFC for everything they did to make these events happen this summer. These students were treated like professional soccer players during all of these events. Bringing together

students with and without intellectual disabilities to participate in Unified Sports is truly an amazing experience. Then when you add airplane rides, hotels, swimming pools, shopping, sightseeing, coach buses, and meals together you have moments together that these students will never forget.



Net Generation and the US Open

Lisa Rahkola, a former elementary physical education teacher at New Discoveries Montessori in Hutchinson, Minnesota, won a trip to the 2018 US Open in Flushing Meadows, New York.

In spite of the fact that Rahkola remarked that she is not really sure how or why she was chosen for this remarkable trip, **USTA Tennis Service Representative & Schools Coordinator, Carolyn Kramer**, knew exactly why she nominated. Kramer said that Rahkola readily came to mind to nominate because of her “what can I give to help grow the game” attitude. Lisa immediately offered help to lead future workshops and to be an advocate for Net Generation and what it offers. **Kramer added “Lisa loves tennis and has such a positive and generous energy about it.”**

At New Discoveries there are a little over 200 kids in the preK-7th grade. Lisa has been teaching there for four years. A long time tennis player herself, Lisa wanted to share tennis with her students. On behalf of New Discoveries, she applied for the free Net Generation materials offered by the USTA’s Northern Section and used them throughout the school year as part of her physical education curriculum.

The combination of Lisa’s passion for tennis and the Net Generation grant’s equipment

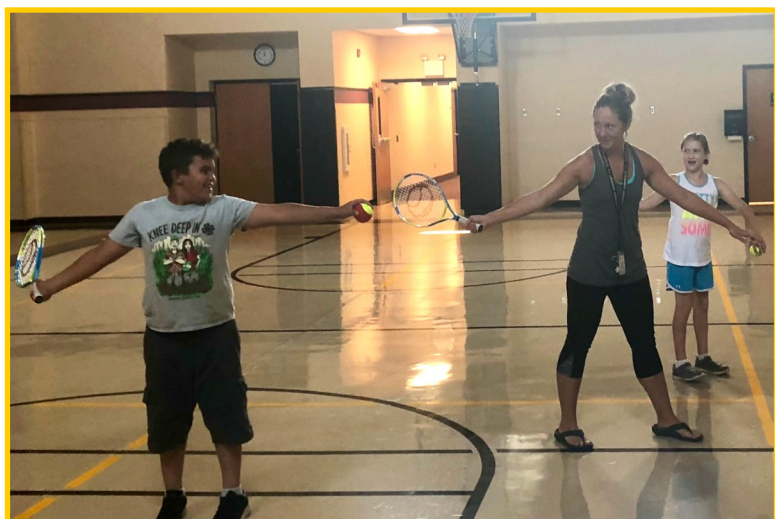
and workshop led to her enjoyment implementing the program into her curriculum. **Before the USTA materials arrived, there was no opportunity for the kids to play tennis at New Discoveries. Lisa was hoping that adding a tennis instruction unit would strike the interest of the kids. And she got her wish. Lisa reports that kids come to her office close to 50 times a day asking to use the tennis equipment on their breaks.**

This school year, Lisa began in a new position at her alma mater of the University of Minnesota Duluth as part of the Physical Education Teacher Education program faculty. She’s working to continue the partnership with Net Generation to implement the curriculum into future courses



she teaches, and provide students with the opportunities and materials that is offered in the program to bring quality education to more students through the future professionals at UMD.

Check out what Net Generation can do for you! <https://usta.showpad.com/share/0N3Eu3xj7xTfNOtpEIAS>



A CALL TO HIGHER EDUCATION AND FUTURE PROFESSIONALS!

Manny Felix (Winona State University) and Ben Schwamberger (Minnesota State University - Mankato)

Please encourage as many PE and Health Majors to attend the upcoming MNSHAPE Conference AND participate in the College Cup session! Refer to the announcement below:

3rd Annual COLLEGE CUP for Physical Education and Health Education Future Professionals

The MNSHAPE Board of Director representatives from the Future Professionals and Higher Education Divisions would like to invite ALL current university and college students to participate in the 3rd Annual COLLEGE CUP session at this year's State Conference. This session is designed to promote friendly networking and camaraderie (and a little competition) through participation in fun physical activities that require teamwork, fitness, and/or problem solving. Official College Cup activities and rules will be made available early November prior to the MNSHAPE conference (TBA).

The COLLEGE CUP traveling trophy currently resides at Winona State University. Who will take the trophy in 2018??!!

When: Thursday, November 8th, 2018

Where: MNSHAPE State Conference, Wayzata High School

Who: University/College Physical Education and/or Health Education majors (future professionals)

Cost: You must be registered for the MNSHAPE conference

Sign-up: Interested participants must sign-up for the COLLEGE CUP via email prior to the state conference. Deadline is Thursday, November 1st. Each participant must sign-up with a partner from their college/university. Send your name, major, teammate and college/university from to Manny Felix, efelix@winona.edu by the November 1st deadline.

Higher Education Professionals Announcement

The Higher Education Roundtable Discussion at the upcoming MNSHAPE conference will be held on Friday, November 9, 9:00 – 10:50. Discussion topics currently being planned include: (1) PE Teacher Preparation Program Standards and PERCA/RIPA; (2) MN tiered licensure; and (3) preparing students for edTPA. Please contact Manny Felix or Ben Schwamberger if other topics are desired. Thank you!

2018 Minnesota Physical Education Standards and Grade-Level Benchmarks

Mary Thissen-Milder, PhD. Minnesota Department of Education

As you are aware, the Minnesota Department of Education (MDE) has released the [2018 Minnesota K-12 Academic Standards in Physical Education](#). This document is a product of the MDE Physical Education Standards Review Committee, charged by the legislature to “modify and adapt the *2014 Shape America Standards and Grade-Level Outcomes for K-12 Physical Education* to meet state interests, yet maintain the purpose and integrity of the national standards” (Minn. Stat. § 120B.021).

The standards are to be fully implemented by the 2021-22 school year. To assist schools in the implementation process, MDE also released a “[recommended implementation timeline](#)”. The chart identifies 4 phases for implementation, divided into 3 sections: actions for physical education teachers; actions for curriculum directors/ others; and actions MDE will be taking during each phase of the transition timeline. The standards and recommended timeline are available on the [MDE HPE webpage](#).

We are currently in the “developmental stage” of the timeline through December 31, 2018. During this phase, PE teachers, curriculum directors and other school personnel should begin acquainting

themselves with the 2018 standards and grade-level benchmarks and developing a plan for full implementation by the 2021-22 school year. MDE has formed a Leadership Team, collaborating with MNSHAPE and MNDAPE, charged with identifying and creating supportive materials to assist schools in implementing the standards.

There are several actions that can be done this fall to assist schools in initiated the review process:

- Watch this webinar: [Introducing the 2018 Minnesota K-12 Academic Standard in Physical Education](#). It provides an introduction to the new standards and grade-level benchmarks, identifies changes in the standards from our current system, provides a more in depth explanation to the now required grade-level benchmarks, and explains steps teachers can be taking to be prepared for full implementation by the 2021-22 school year.
- Attend both the [MNDAPE \(September 27-28, Annandale\)](#) and [MNSHAPE \(November 8-9, Wayzata\)](#) state conferences this fall.

The MDE PE Leadership team will be providing informational standards sessions at both.

- Register for PE Regional Trainings: MDE will be releasing a regional training schedule on the [MDE HPE website](#) by October 1, 2018. Trainings initiate after January 1, 2019. Go to the site to register for a training in your area.

MDE will release additional supportive materials in January 2019, including alternative formats for the standards and benchmarks (word and excel), sample assessments for grade-level benchmarks, and other web-based resources. For all information, go to the [MDE HPE webpage](#).

Should We Play Dodgeball?

Despite multiple attempts to discourage the use of dodgeball in physical education, many teachers in programs continue encouraging and/or requiring students to engage in dodgeball activities. SHAPE America – Society of Health and Physical Educators published a new edition of the position statement on dodgeball, emphasizing that dodgeball is NOT an appropriate physical education activity.

The current position statement includes discussion focused on positive school climate and appropriate social behavior, arguments against including dodgeball in health and physical education programs, the goal of physical education, and a concluding statement.

From the Position Statement

Dodgeball is an activity in which the sole purpose is to eliminate players by hitting them with an object. SHAPE America acknowledges that physical educators can make modifications to the traditional game of dodgeball in an effort to mitigate its negative effects. Even with such modifications, however, offering dodgeball in physical education class or other times during the school day serves only to alienate many students from physical activity. Instead, educators should choose to offer activities that help all students become physically literate individuals and that contribute to a positive school climate” (SHAPE America, 2017).

For more information, go to this link:

<http://www.shapeamerica.org/advocacy/positionstatements/pe/>

Liability Insurance Was Added to Member Benefits!

Just in case you need another reason to join MNSHAPE, we want you to remember that a year ago we added a General Liability Insurance coverage to your membership benefits! This comes at no extra cost to you.

That's right! All members of MNSHAPE as of 6/1/2018 have a \$1,000,000 general liability insurance policy for work-related activities! This includes teaching and coaching activities.

What are you covered for: Claims made by negligent acts accidentally committed resulting in bodily injury, personal and advertising injury or property damage to others.

Policy Limits: General Aggregate	\$1,000,000 (per member)
Products/Completed Operations	\$1,000,000
Personal & Advertising Injury	\$1,000,000
Each Occurrence	\$1,000,000
Damage to Premises Rented To You	\$1,000,000
Medical Expense	\$1,000,000
Sexual Abuse/Occurrence	\$1,000,000
Sexual Abuse Aggregate	\$1,000,000

DID YOU KNOW?

- ⇒ Health and physical education is required in all 50 states and the District of Columbia
- ⇒ Teacher demand is projected to increase 14% from 2010 to 2021
- ⇒ Many states require individuals be licensed to teach
- ⇒ Health and Physical Education teachers earn a median salary of \$54,720 per year

Share this information with a potential student

Source: Bureau of Labor Statistics. (2016). Occupational outlook handbook.
<http://www.bis.gov/ooh/>



MNSHAPE Membership Form
(or register online at www.mnshape.org)

Name (first, middle, last) _____

Home Address _____

Home City _____ State _____ Zip _____

Home Telephone _____

School Where you Teach _____

Work Address _____

Work City _____ State _____ Zip _____

Work Telephone _____

Email Address _____

Years in the Profession _____

MEMBERSHIP CATEGORIES (Select One)

- Professional Member \$40.00
Student Member \$25.00
Retired Member \$25.00 Year Retired _____
Associate Member \$40.00

PAYMENT METHOD

- Personal Check **(Make check payable to MNSHAPE)**
Institutional Check **(Make check payable to MNSHAPE)**

Mail to: Nancy Christensen
25673 Muskrat Lake Drive
Detroit Lakes, M 56501
218-847-9769 (Home)
218-846-2416 (Fax)

QUESTIONS: Call Nancy Christensen at 218-847-9769 or email nancy1485@gmail.com

MNSHAPE Executive Director
 Nancy Christensen
 25673 Muskrat Lake Dr.
 Detroit Lakes, MN 56501



WWW.MNSHAPE.ORG

Loon Lines

September 2018

MNSHAPE

Contact information for MNSHAPE Board of Directors is posted on www.mnshape.org

MNSHAPE is a school-based professional association that provides professional services and resources for teachers, organizations and individuals to provide quality programs.

MNSHAPE is dedicated to improving the skills, knowledge, health and well-being of all Minnesota Students.

MNSHAPE Executive Committee

President	Megan McCollom	(612) 325-6186	megan.mccollom@mnshape.org
President Elect	Sue Bremer	(612) 414-7689	sue.bremer@mnshape.org
Past President	Mike Doyle	(736) 221-3375	mike.doyle@mnshape.org
Treasurer	Jeremiah Hinkemeyer	(218) 329-2088	jeremiah.hinkemeyer@mnshape.org
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The mission of the MNSHAPE newsletter is to inform health, physical education, recreation, and dance professionals in Minnesota about their professional organization's activities and the opportunities available for participation. If you have questions, concerns or comments on the contents or layout of this newsletter please email Amy Knopf at aknopf@detlakes.k12.mn.us. You can also access this newsletter in PDF format on the web at www.mnshape.org.